

# Community Health Alliance (CHA)

Neighbors for Smoke Free Lungs

# No “Butts” About it!

BREATHING EASY AT HOME



# Guest Speakers



**Brian Le, MPA**

American Lung  
Association (ALA)



**Lydia Greiner,  
DrPH, APRN**

Thirdhand Smoke  
Resource Center



**Yaneth L.  
Rodriguez, MPH**

Latino Coordinating  
Center For a Tobacco-  
Free California (LCC)

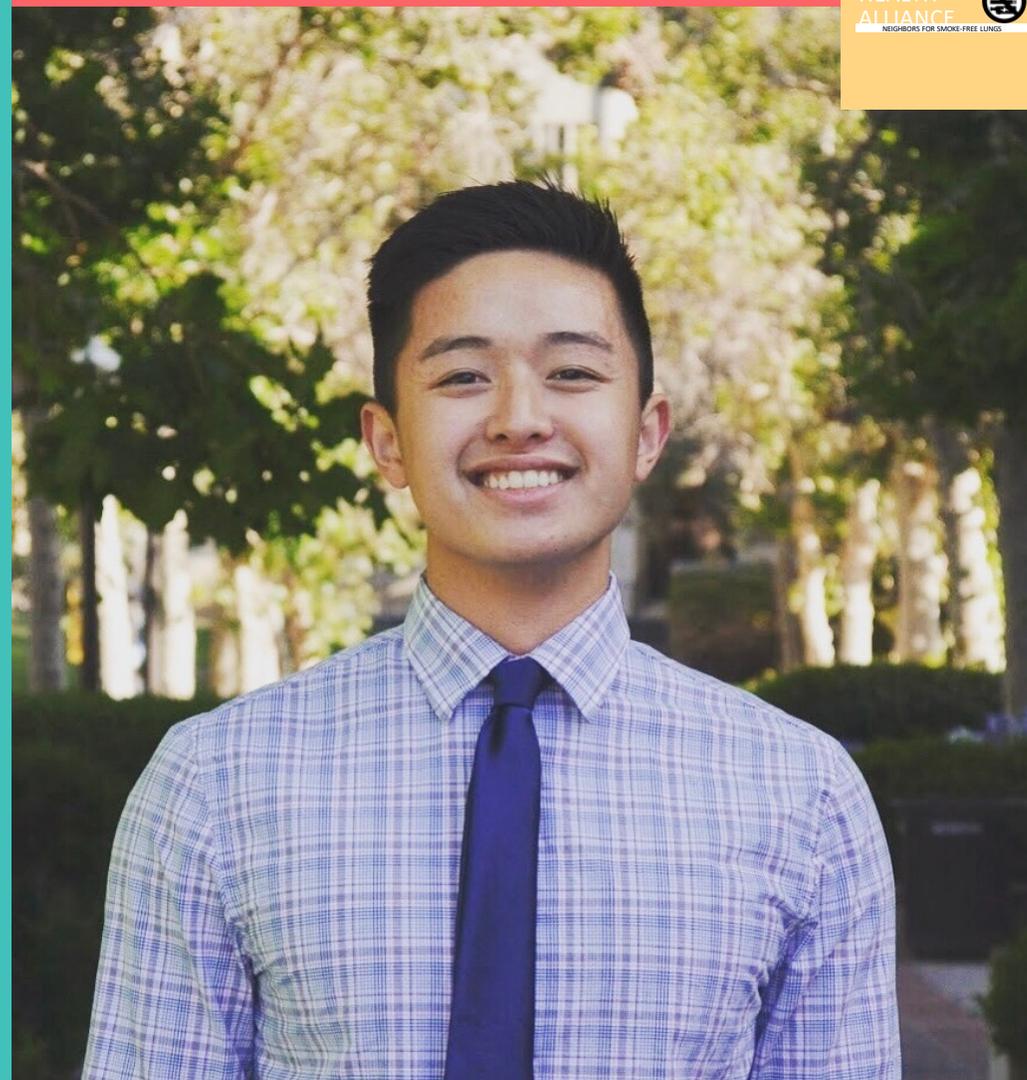


**Liz Williams**

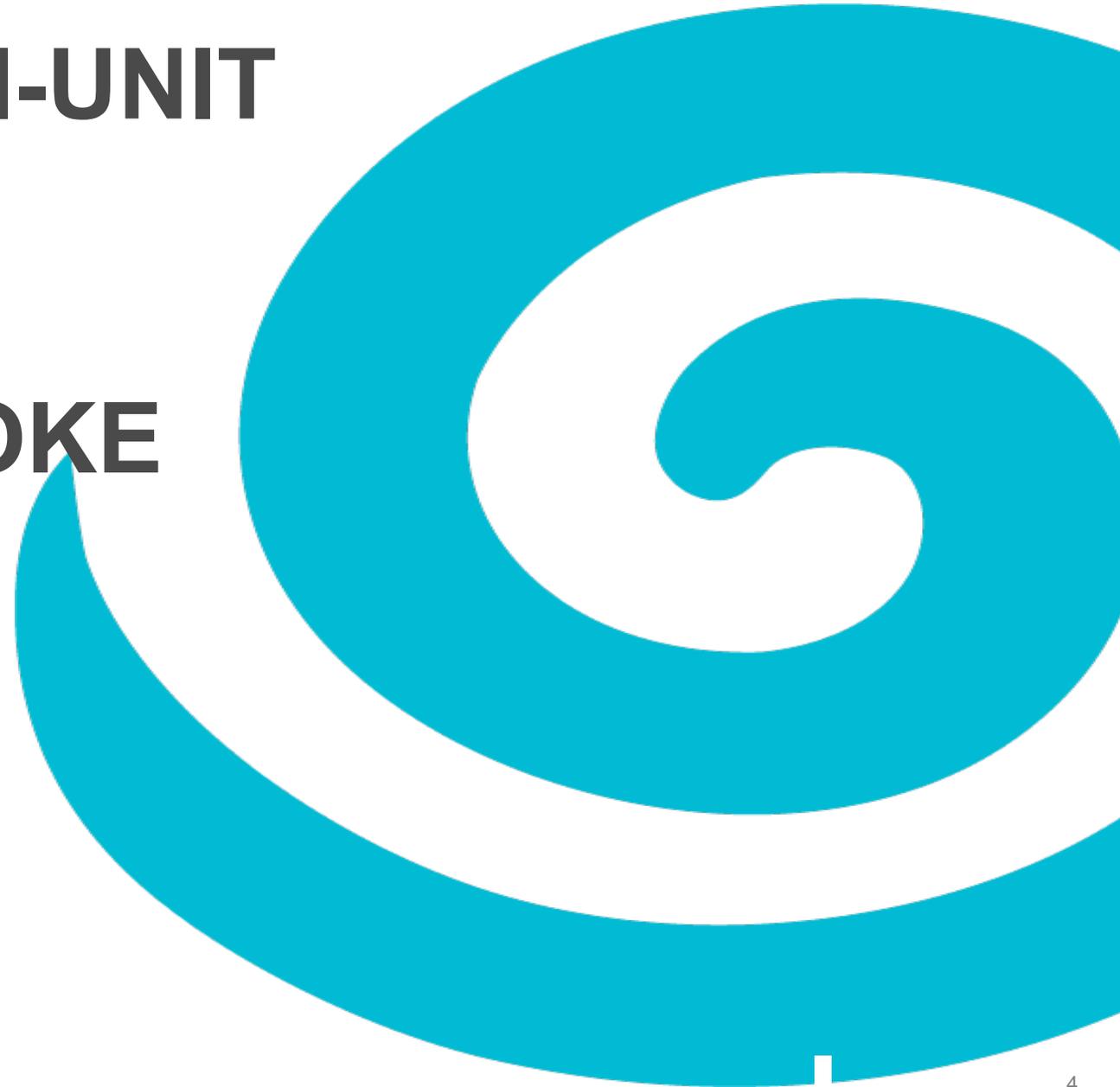
Americans for  
Nonsmokers' Rights  
Foundation (ANR)

# Brian Le, MPA

As Health Promotions Manager and Grant Project Director at the American Lung Association, Brian Le is dedicated to serving the community and advocating for better policies for public health and environmentalism. Brian currently serve as Project Director for three state and local government grants in the counties of Los Angeles, Orange, and San Diego. Brian Le graduated from UCLA with a B.A. Degree in International Development Studies and have a Master's of Public Administration degree from CSULB with a Certificate in Public Management Analysis.



# SMOKEFREE MULTI-UNIT HOUSING: DANGERS OF SECONDHAND SMOKE



# PRESENTATION OUTLINE

1. American Lung Association
  - History and Mission
2. State of Tobacco Control Report
3. Secondhand Smoking Dangers
4. Smokefree Multi-Unit housing
5. Resources

# AMERICAN LUNG ASSOCIATION

## HISTORY AND MISSION

**Our Mission:** To save lives by improving lung health and preventing lung disease.

**Our Vision:** A world free of lung disease.

### Our Strategic Imperatives:

- Defeat lung cancer.
- Champion clean air for all.
- Improve the quality of life for those with lung disease and their families.
- Create a tobacco-free future.

# WHAT IS THE STATE OF TOBACCO CONTROL REPORT?

- SOTC evaluates states and the federal government on proven effective tobacco control laws and policies
- The 2021 report focused on the importance of ending tobacco use amid the pandemic and on how smoking is a risk factor for the most severe COVID symptoms
- CA grades each local jurisdiction on their tobacco control policies as well

## California Facts

**Economic Cost Due to Smoking:**  
\$13,292,359,950

**Adult Smoking Rate:** 10.0%

**High School Smoking Rate:**  
2.0%

**High School Tobacco Use Rate:**  
12.7%

**Middle School Smoking Rate:**  
0.7%

**Smoking Attributable Deaths  
per Year:** 39,950

# GRADING METHODOLOGY

## 1. Smokefree Outdoor Areas

- a) Dining, entryways, public events, recreation areas, service areas, sidewalks, and worksites

## 2. Smokefree Housing

- a) Nonsmoking units in apartments, in condos, nonsmoking common areas

## 3. Reducing Sales of Tobacco Products

- a) Tobacco retailer licensing

## 4. Emerging Issues (Bonus Points)

- a) Definitions of secondhand smoke, TRLs, Tobacco Retailer location restrictions, Samples of tobacco products, sale of tobacco products in pharmacies, minimum pack size of cigars, flavored tobacco products

# SECONDHAND SMOKE

## IMPORTANCE OF SMOKEFREE POLICIES



- The U.S. Surgeon General stated that there is no safe level of exposure to secondhand smoke
- Each year, roughly 41,000 nonsmoking adults and 400 infants die from secondhand smoke (CDC.gov/STATESystem)
- Smokefree policies have important health benefits for residents and on-site employees

# KEY FACTS ABOUT SECONDHAND SMOKE



- Causes approximately 7,330 deaths from lung cancer and 33,950 deaths from heart disease
- Between 1964 and 2014, 2.5 million people died from secondhand smoke exposure
- Secondhand smoke can cause but not limited to:
  - Stroke, Increases risk of heart attacks, Lung cancer, Coronary Heart Disease, Reproductive effects in women

# SECONDHAND SMOKE AND PETS

- Tobacco smoke affects a dog depending on length of their nose
- Certain dog breeds are at increased risk of nose or lung cancer
- Cats who live with people who smoke more than a pack a day are 3x more likely to develop lymphoma, which is an immune system cancer
- Smoking is even dangerous to birds, guinea pigs, and even fish



# HOW MANY CHEMICALS DOES A CIGARETTE HAVE?

- Over 4,000 chemicals
- 43 known cancer-causing (carcinogenic) compounds
- 400 other toxins, including nicotine, tar, and carbon monoxide, as well as formaldehyde, ammonia, hydrogen cyanide, arsenic, and DDT.





In babies and children SHS can cause:

- Sudden Infant Death
- Severe Asthma
- Respiratory Problems
- Stunted Growth
- Ear Infections
- Weak Lungs

# WHAT IS SMOKEFREE MULTI-UNIT HOUSING?



Any type of multi-unit housing units that are:

- Owned (town homes, condos, housing and cooperatives)
- Rented (apartments or town homes)

What conditions may apply:

- May apply to inside the building and/or the entire property
- May include a percentage of the units to be smokefree
- May or may not prohibit smoking in common areas

# SMOKEFREE MULTI-UNIT HOUSING

- Nearly 80 million people in the US live in multi-unit housing
  - 28 million of those people are exposed to secondhand smoke  
([CDC.gov/tobacco](https://www.cdc.gov/tobacco))
- Secondhand smoke can migrate from other units through doorways, cracks in walls, electrical lines, plumbing, and ventilation systems
- Children, elderly, and the disabled are most vulnerable to secondhand smoke
- Children, especially, spend most of their day inside their own homes

# RESPOND TO MARKET DEMANDS

## NATIONAL POLLING

- 90% agree that people should be protected from secondhand smoke
- 91% of adults in the United States do not smoke
- 83% of adults do not allow smoking inside their home



# LEGAL MISCONCEPTIONS

## SMOKEFREE MULTI-UNIT HOUSING POLICIES

- What about smokers' right?
  - Neither smokers nor the act of smoking are protected under Fair Housing laws
- Are smokefree policies legal?
  - Yes, landlords have the right to adopt reasonable rules to protect their properties

# STEPS TO PROTECT YOU AND YOUR FAMILY

1. Check your lease/rules for policies in your building prohibiting smoking
2. Check your local jurisdiction to see if your city is smokefree (SOTC report)
3. Talk with your neighbors – engage and work together safely!
4. Talk with your doctor about secondhand smoke and your health
5. Talk with your landlord or property manager
6. Moving or legal options but not the most ideal

**Adopting a building wide smokefree policy is the best way to protect all residents from secondhand smoke exposure!!**

# SMOKING CESSATION RESOURCES

- American Lung Association is committed to promote quit-smoking information and resources to on-site staff and residents



# CONTACT INFORMATION

Brian L.

Health Promotions Manager

310.735.9176

[Brian.Le@lung.org](mailto:Brian.Le@lung.org)



# Lydia Greiner, DrPH, APRN

Dr. Greiner is a nurse practitioner and an Adjunct Professor of Psychology in the College of Sciences at San Diego State University. For the past three years she has been the Coordinator of the Thirdhand Smoke Resource Center. As the Coordinator, she is responsible for sharing information about thirdhand smoke to the general public and stakeholder groups such as health care providers and property managers.



# Thirdhand Smoke and Multiunit Housing: Why Should We Care?

Lydia Greiner, DrPH, APRN  
*San Diego State University*  
*Thirdhand Smoke Resource Center*

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NO BUTTS ABOUT IT- BREATHE EASY AT HOME

NOVEMBER 16, 2021

# THIRDHAND SMOKE Resource Center

# Our Mission

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To share information, resources, and technical support with California's residents, communities, businesses, health care professionals, and policymakers about the toxic legacy of tobacco smoke residue and to achieve indoor environments that are 100% free of tobacco smoke toxicants.

# Leadership Team



## **Georg E. Matt, PhD**

Professor of Psychology  
San Diego State University  
Director, Thirdhand Smoke Resource Center  
gmatt@sdsu.edu

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## **Heather L. Wipfli, PhD**

Associate Professor of Clinical Preventive Medicine and International Relations  
Keck School of Medicine  
University of Southern California  
Associate Director, Thirdhand Smoke Resource Center  
hwipfli@usc.edu

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## **Rachael Record, PhD**

Associate Professor of Communication  
School of Communication  
San Diego State University  
Associate Director, Thirdhand Smoke Resource Center  
rrecord@sdsu.edu

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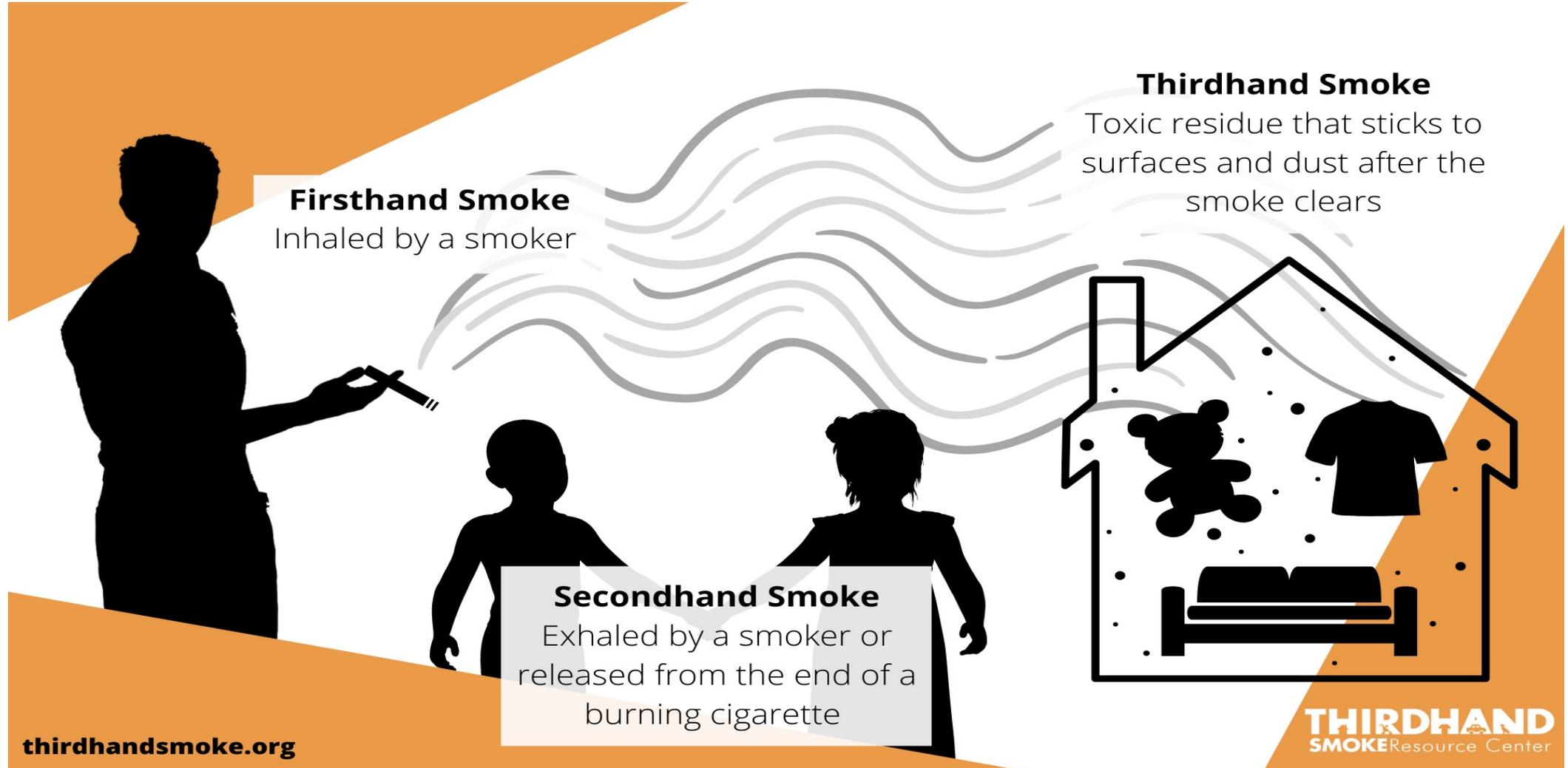


## **Lydia Greiner, DrPH, APRN**

San Diego State University Research Foundation  
Center Coordinator, Thirdhand Smoke Resource Center  
lgreiner@sdsu.edu

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# What is “Thirdhand Smoke”?



# Secondhand Smoke is the Precursor of Thirdhand Smoke

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- Secondhand smoke
  - Generated by burning and smoldering tobacco plant materials, additives (e.g., ammonia), and paper
  - Composed of exhaled main-stream smoke (15%) and side-stream smoke (85%)
  - Contains 6000+ chemical compounds
  - Quickly travels throughout a room, home, between adjoining units in apartment and condo buildings, outdoor spaces
  - Remains in the air while smoking takes place and for up to three hours depending on air exchanges/ventilation

Adapted and used with permission of Georg Matt

# Secondhand Smoke Spreads and *Transforms* into Thirdhand Smoke

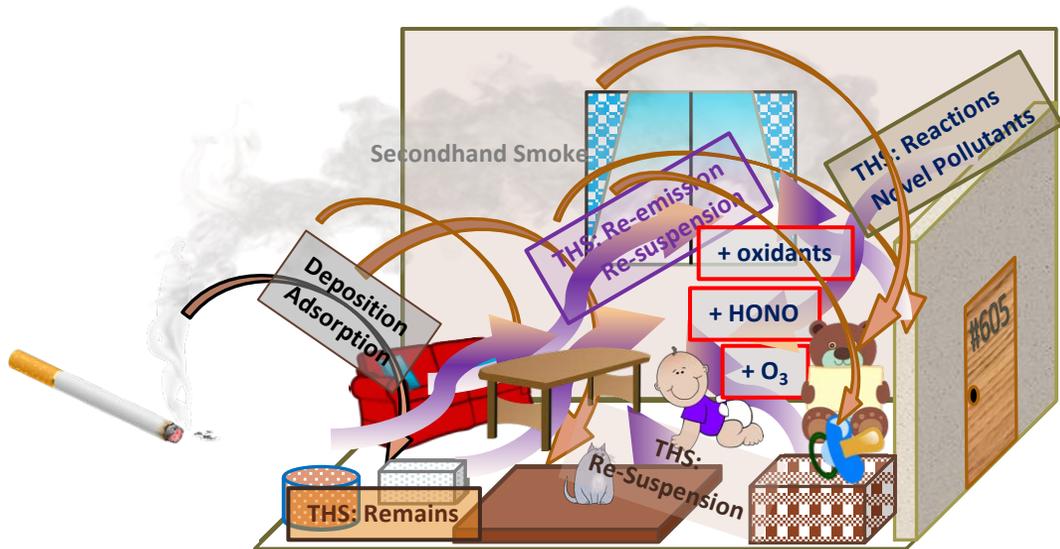
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- Transformation begins with seconds of lighting a cigarette
- Gases stick on surfaces and are soaked up by materials
- Particles deposit, accumulate as settled house dust
- Gases and particles become embedded in materials
- Further chemical reactions create new chemical compounds and form new particles



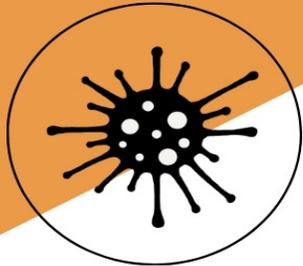
Adapted and used with permission of Georg Matt

# How Thirdhand Smoke Pollutes Indoor Environments



Adapted and used with permission of Georg Matt

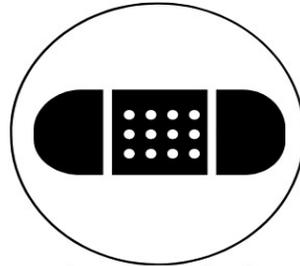
# Why does thirdhand smoke matter?



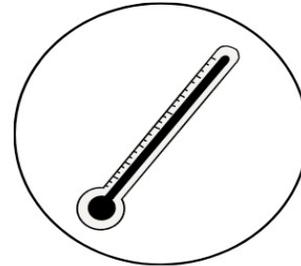
**Increase Risk of Cancer**



**Damage DNA**



**Reduce Ability to Heal Injuries**



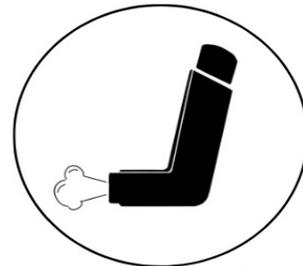
**Lower Ability to Fight Infection**



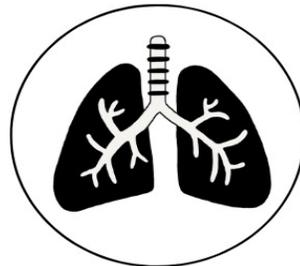
**Damage Cells**



**Cause Earaches**



**Trigger Asthma Attacks**



**Worsen Respiratory Illness**



**Increase Risk of Disease**

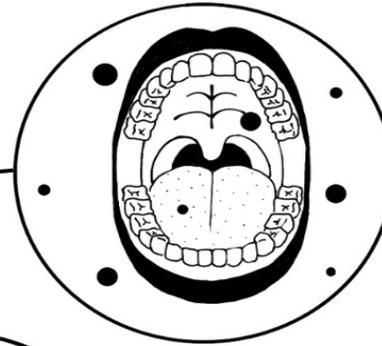


**Cause Headaches**

[thirdhandsmoke.org](http://thirdhandsmoke.org)

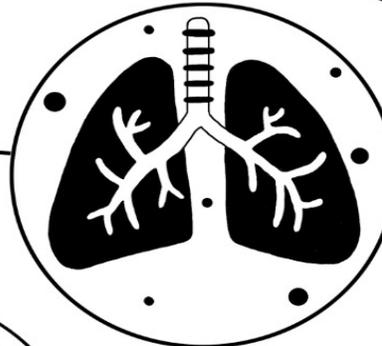
**THIRDHAND**  
SMOKE Resource Center

# How are people exposed?



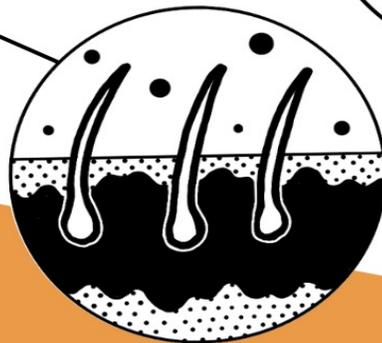
## Mouth

People can swallow thirdhand smoke when they put fingers or objects that have been polluted with thirdhand smoke into their mouths.



## Lungs

People can breathe thirdhand smoke into their lungs when particles and chemicals are in the air.



## Skin

People can absorb thirdhand smoke when their skin comes in contact with surfaces that have been polluted with thirdhand smoke.

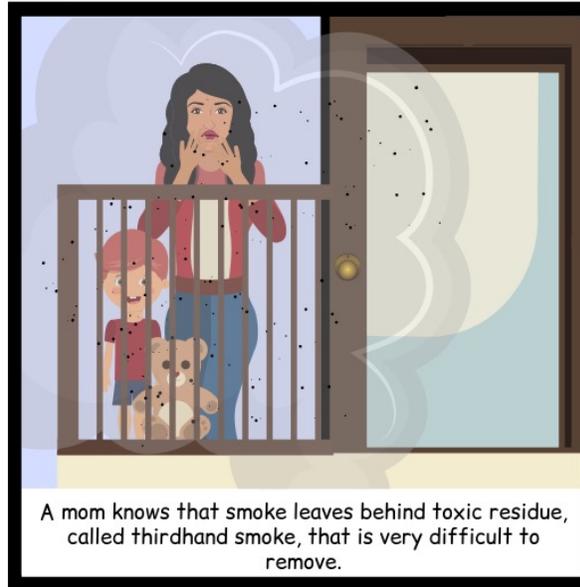


To read more about children and exposure to thirdhand smoke:

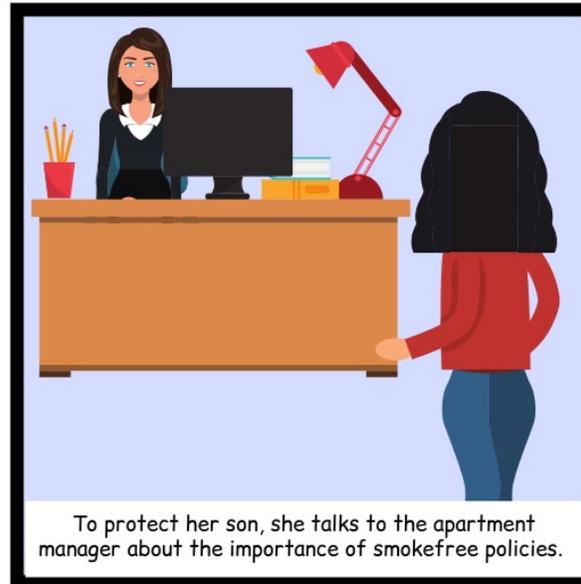
<https://thirdhandsmoke.org/who-is-most-likely-to-be-exposed-to-thirdhand-smoke/>



There's an apartment complex where people can smoke outside in posted areas, and their smoke drifts into nearby apartments.



A mom knows that smoke leaves behind toxic residue, called thirdhand smoke, that is very difficult to remove.



To protect her son, she talks to the apartment manager about the importance of smokefree policies.



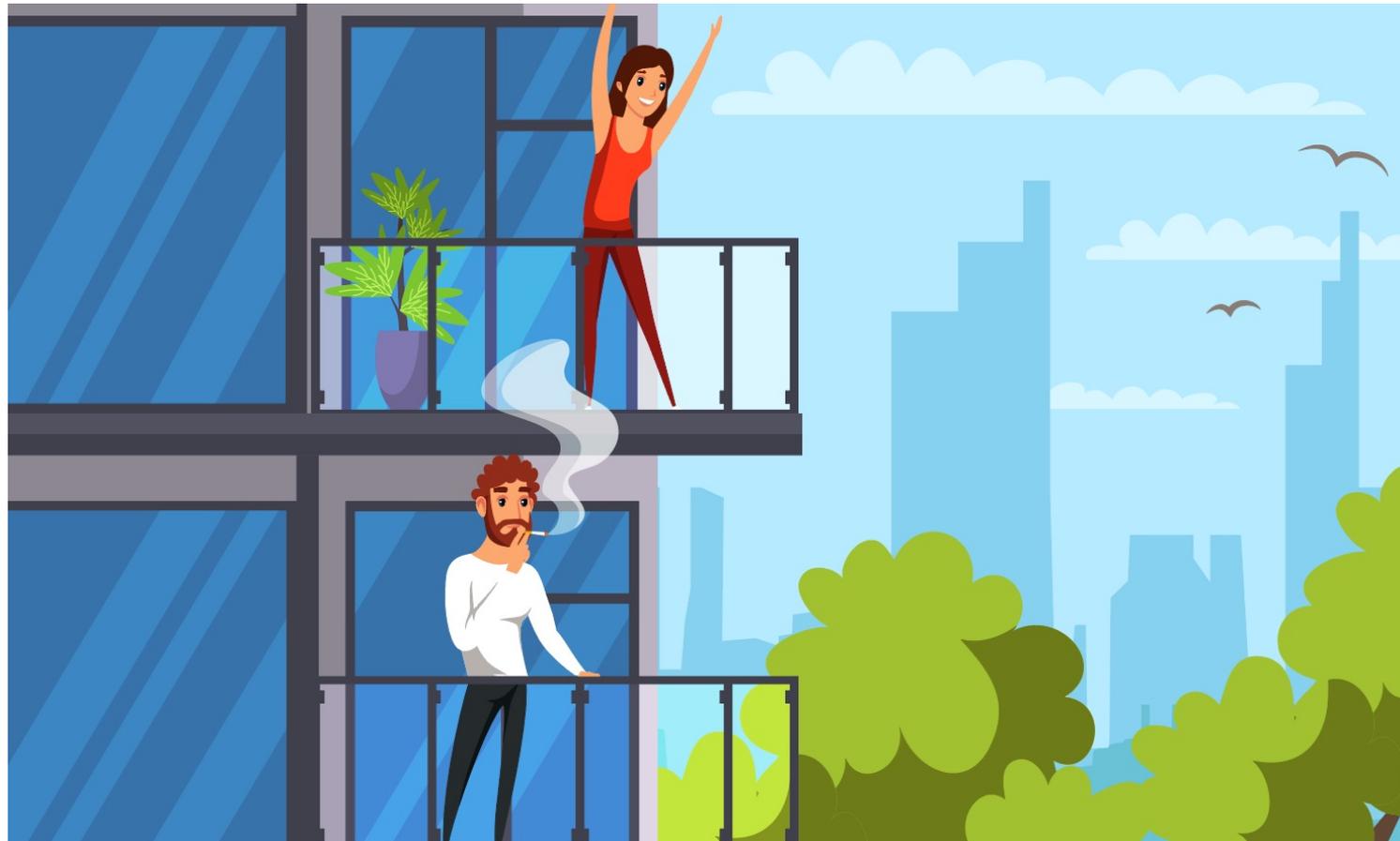
The manager understands that people can be harmed, so she makes the property smokefree to protect all residents from toxic thirdhand smoke residue.

To read more about thirdhand smoke at home:

<https://thirdhandsmoke.org/wp-content/uploads/2020/10/Resource-Guidelines-Multiunit-Housing-1.pdf>

# Responding to Thirdhand Smoke

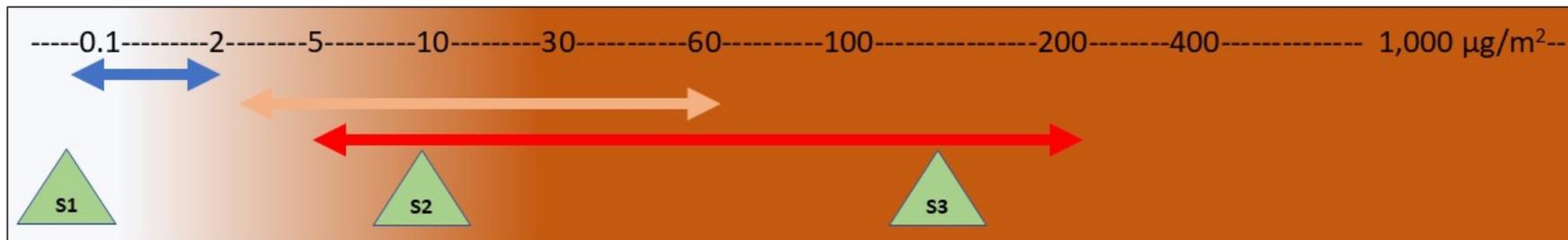
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# Empowering Stakeholders: Do-It-Yourself Testing

## Example Do-It-Yourself Project Results

**Figure 1:** Observed **surface wipe** nicotine levels (micrograms of nicotine per square meter,  $\mu\text{g}/\text{m}^2$ ; green triangles) with reference levels from nonsmokers (blue) and smokers with (light red) and without (dark red) smoking bans.



For more information or to participate in the DIY Project: [contact@thirdhandsmoke.org](mailto:contact@thirdhandsmoke.org)

# Empowering Stakeholders: Disclosure of Tobacco Use

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- Collaboration with real estate professionals
- Provide information packet to use in real estate transactions
- Work for policy change
  - No requirement by Department of Real Estate
  - One question on Board of Realtors seller questionnaire



Learn more collaboration:

<https://thirdhandsmoke.org/realtors-a-public-health-secret-weapon-against-second-and-thirdhand-smoke/>

# Empowering Stakeholders: Removal and Remediation

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- Thirdhand smoke accumulates in reservoirs.
- The size of the reservoirs depends on intensity and duration of smoking.
- Removing thirdhand smoke from surfaces has been shown to be effective for short term
- Remediation may be necessary to get rid of deep reservoirs



Learn more removal and remediation:

<https://thirdhandsmoke.org/theres-no-place-like-home-cleaning-toxic-tobacco-smoke-residue-in-our-homes/>

<https://thirdhandsmoke.org/a-segment-of-this-old-house-focuses-on-how-to-remove-thirdhand-smoke/>

<https://thirdhandsmoke.org/researchers-share-study-results-about-removing-thirdhand-smoke-in-homes/>

# Call to Action

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- Educate yourselves, your colleagues, and your families about thirdhand smoke—it is real and it is harmful to humans.
- Share information with policy-makers, environmental advocates, city planners, educators.
- Find out what policies exist now to protect you, your family, and your community from toxic tobacco smoke.
- Learn more at: [www.thirdhandsmoke.org](http://www.thirdhandsmoke.org) Sign up for our newsletter for monthly updates and follow us on social media.
- If you have a need or a question—reach out to us! We do our best to address community-specific needs. [contact@thirdhandsmoke.org](mailto:contact@thirdhandsmoke.org)

# Yaneth L. Rodriguez, MPH

Yaneth L. Rodriguez, MPH works with the University of Southern California (USC) under the leadership and guidance of Dr. Lourdes Baezconde-Garbanati. Yaneth is a regional coordinator with the Latino Coordinating Center for a Tobacco-Free California (LCC) funded by the California Tobacco Control Program, and a project manager on two research studies that examine secondhand smoke exposure in multi-unit housing, tenant and landlord's knowledge, beliefs, attitudes, behaviors, compliance and support for smoke free policies in Los Angeles County. She has more than 15 years of experience in tobacco control and research. Yaneth earned her B.S. in health promotion and disease prevention studies and her master of public health in the global health and leadership track from USC.





# Perceptions of secondhand smoke exposure, and cannabis, vape, and tobacco smoke free multi-unit housing policies.

**Yaneth L. Rodriguez, MPH**

Triangulum (Tobacco, E-Cigarettes, Marijuana) Secondhand Smoke Exposure in Low Socioeconomic Multi-Unit Housing

Lourdes Baezconde-Garbanati, Rosa Barahona, Jennifer Unger, Steve Sussman,  
Boley Cruz, Jane Steinberg, Cynthia Hallett, and Sabrina L. Smiley.

Tess

University of Southern California, CA, USA

**No "Butts" About it- Breathe East at Home Virtual Event!**

**Los Angeles, California, 11/16/2021**

Funded by the Tobacco-Related Disease Research Program of California (TRDRP) Grant Number: 26IR-0022 and the National Institutes of Health, National Cancer Institute (NIH NCI) Grant Number: P30CA014089

Scientists, scholars and champions of health equity for all people

Keck School of Medicine of **USC**

Department of Population and  
Public Health Sciences

# Triangulum Team Investigators, Staff, and Students



Lourdes Baezconde-Garbanati, Jennifer Unger, Steve Sussman, Tess Boley Cruz, Yaneth L. Rodriguez, Rosa Barahona, Brian Erwin, Bryce Henderson, Patricia Escobedo

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Public Health Sciences

# TRDRP Triangulum Community Advisors & Scientists



Jane Steinberg, Lucy Popova, Cynthia Hallett, Marlene Gomez,  
Statice Wilmore, Claude Moradian, Angelica Rendon, and Sabrina L. Smiley

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# The TRIANGULUM defined in our study

Tobacco



Triangulum



Marijuana/Cannabis

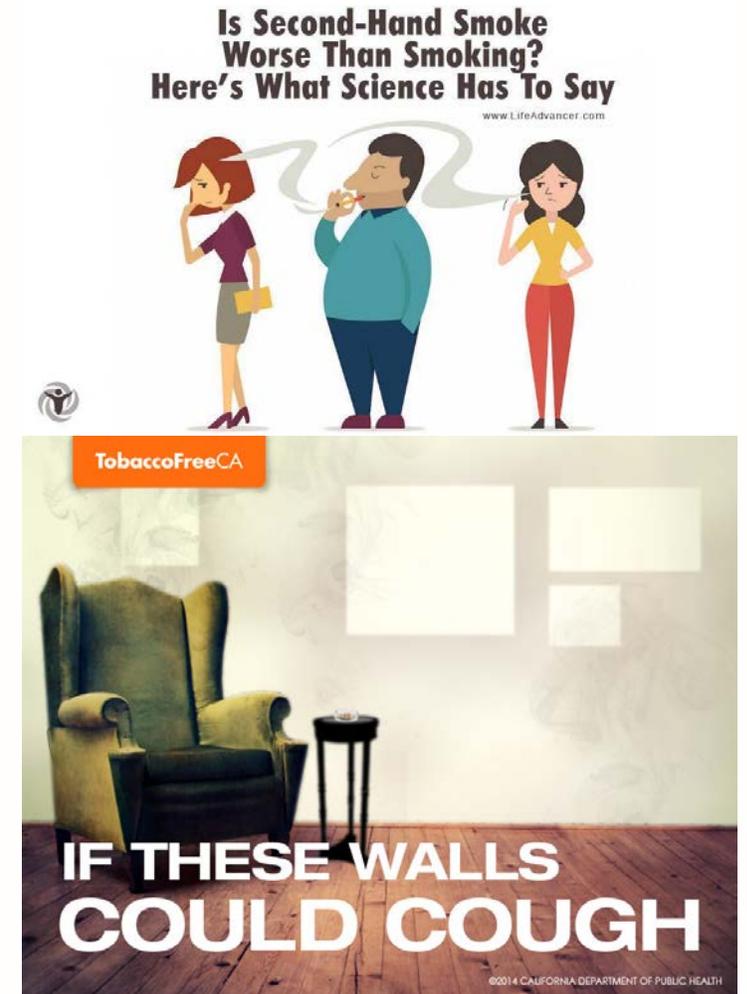
E-cigarettes/Vape Pens

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# SHS and THS defined in our study

- Secondhand smoke (SHS) is smoke or vape exhaled by other people. SHS includes smoke from burning tobacco and other plant products intended for human inhalation (such as marijuana), as well as aerosol (vapor) from electronic smoking devices.
- Thirdhand smoke (THS) is a term used to describe the smoke or aerosol that settles and lingers in rooms (on walls, carpet, curtains and furniture) long after smoking stops and remains on our clothes after we leave a smoky place.



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# Who is most affected?

- Latinos: highest levels of voluntary smoking bans in the home, highest levels of SHS exposure
- 13% of African American children and 11% of Hispanic children are at risk for exposure to secondhand smoke, versus 12% of Whites and 9% of Asians
- Rates of lung and Bronchus cancer are highest among African Americans



Millions  
are exposed  
to secondhand smoke  
and some can't do  
anything about it.

Even if you don't smoke . . .  
you can still be exposed to secondhand smoke in your home  
through vents, doors, and windows.

**Talk to your landlord about making your building entirely smoke-free.**

TobaccoFreeCA.com © 2011 California Department of Public Health

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# Smoke-free Policies in Multi-Unit Housing (MUH)

- Under California Law, Owners/Landlords have a right to make their properties smoke-free.
- Cities can adopt city-wide smoke-free multi-unit housing (MUH) ordinances.
- 14 Los Angeles county jurisdictions have adopted smoke-free MUH housing policies.
- Apartment buildings in the City of Los Angeles are unregulated tobacco zones with no formal city-wide policy.



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# Purpose of Study

## Perceptions of Triangulum (tobacco smoke/vape/marijuana) Exposure and Smoke-free Policies

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MUH Housing Tenants in  
LA neighborhoods with  
predominantly:

- African American
- Hispanic/Latino
- Non-Hispanic White

Knowledge, Attitude and Beliefs

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Behaviors

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Compliance

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Support for Smoke-Free Policies

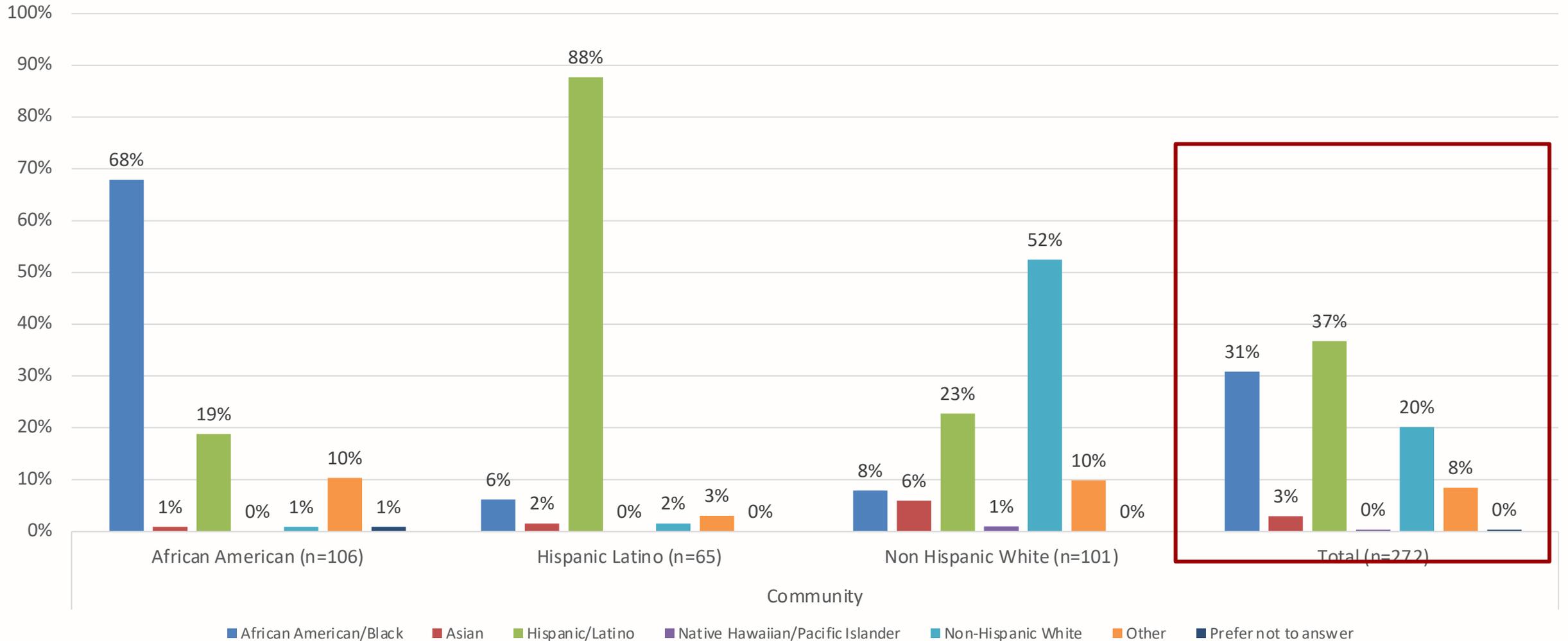
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**Door to Door Interview Surveys & Focus Groups**

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Public Health Sciences

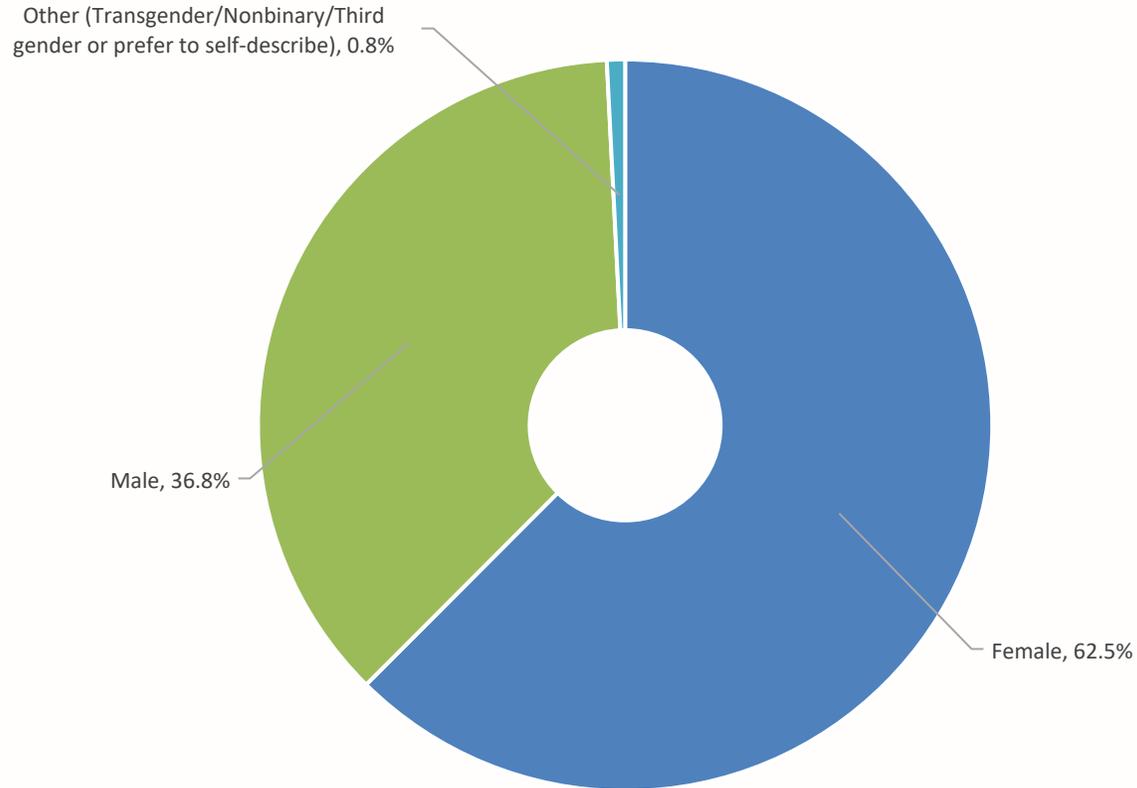
# Participant Characteristics



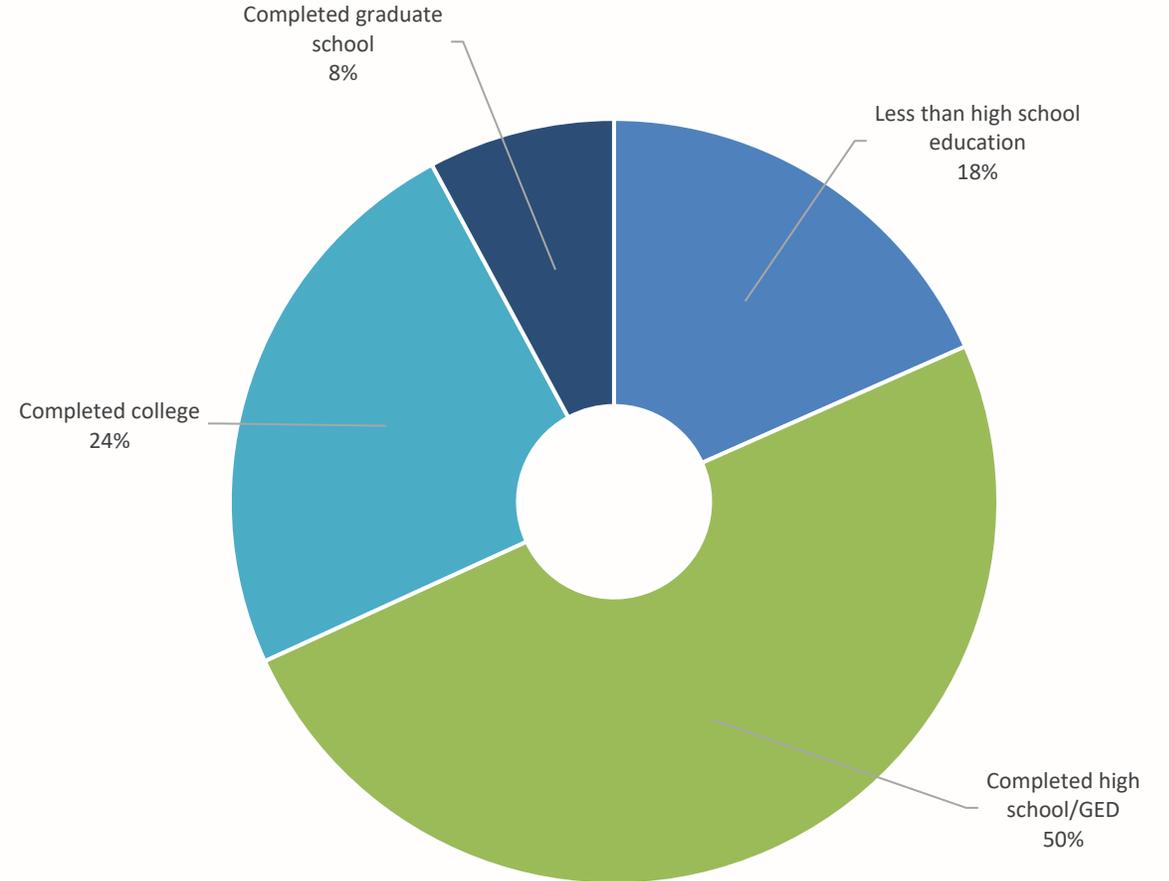
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# Participant Characteristics

Gender



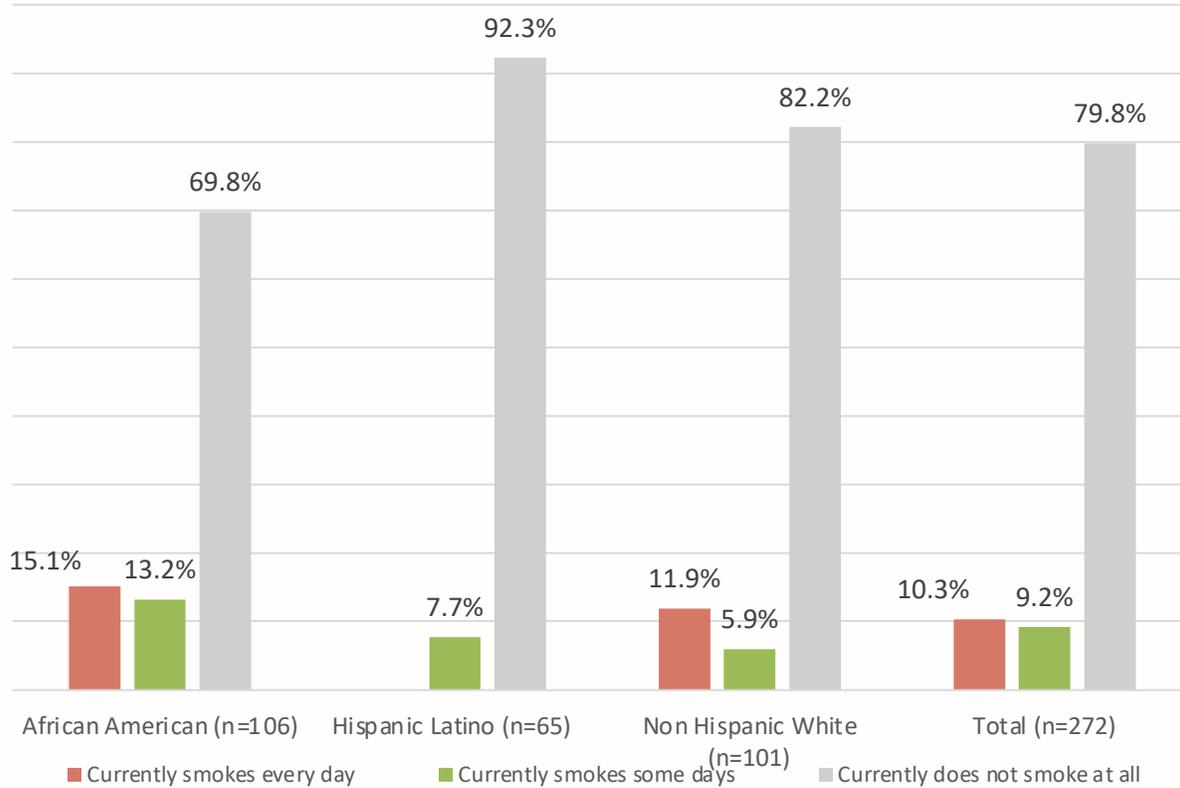
Level of education



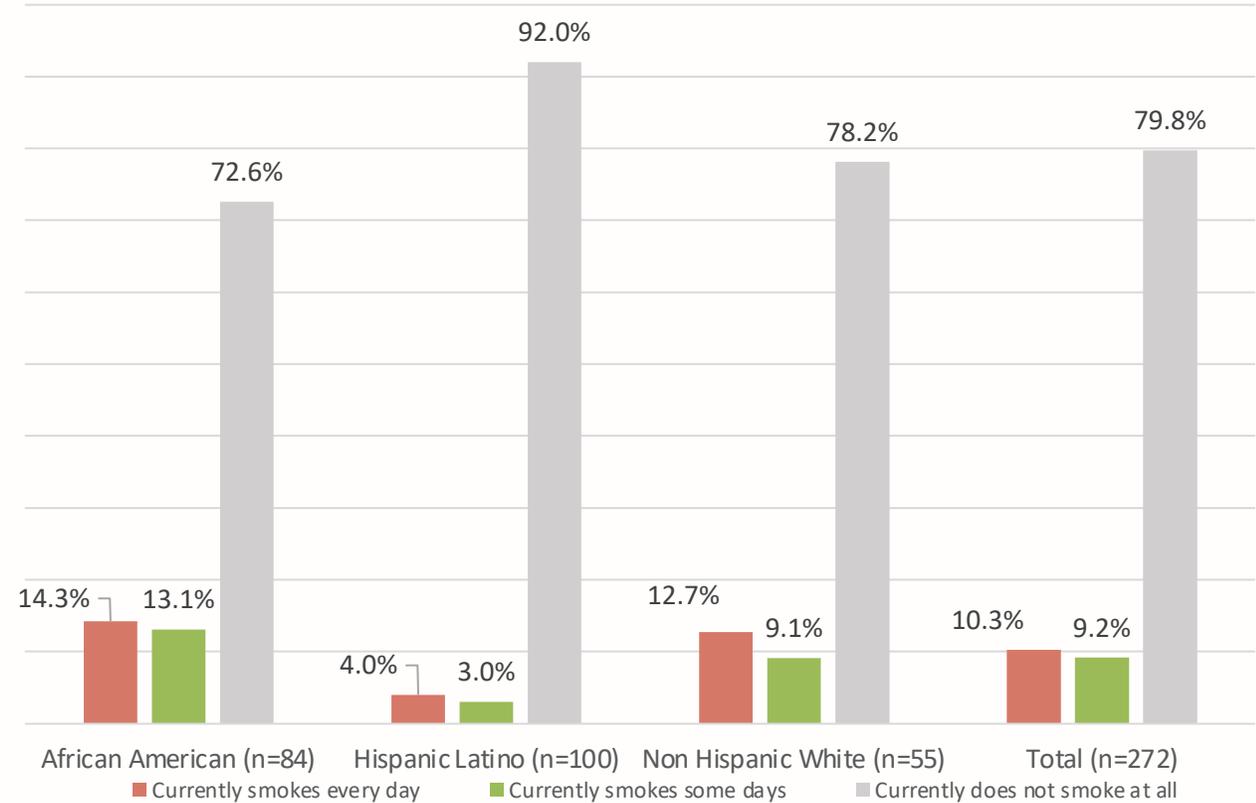
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# Smoking of Tobacco

Do you now smoke every day, some days, or not at all?  
(by COMMUNITY)



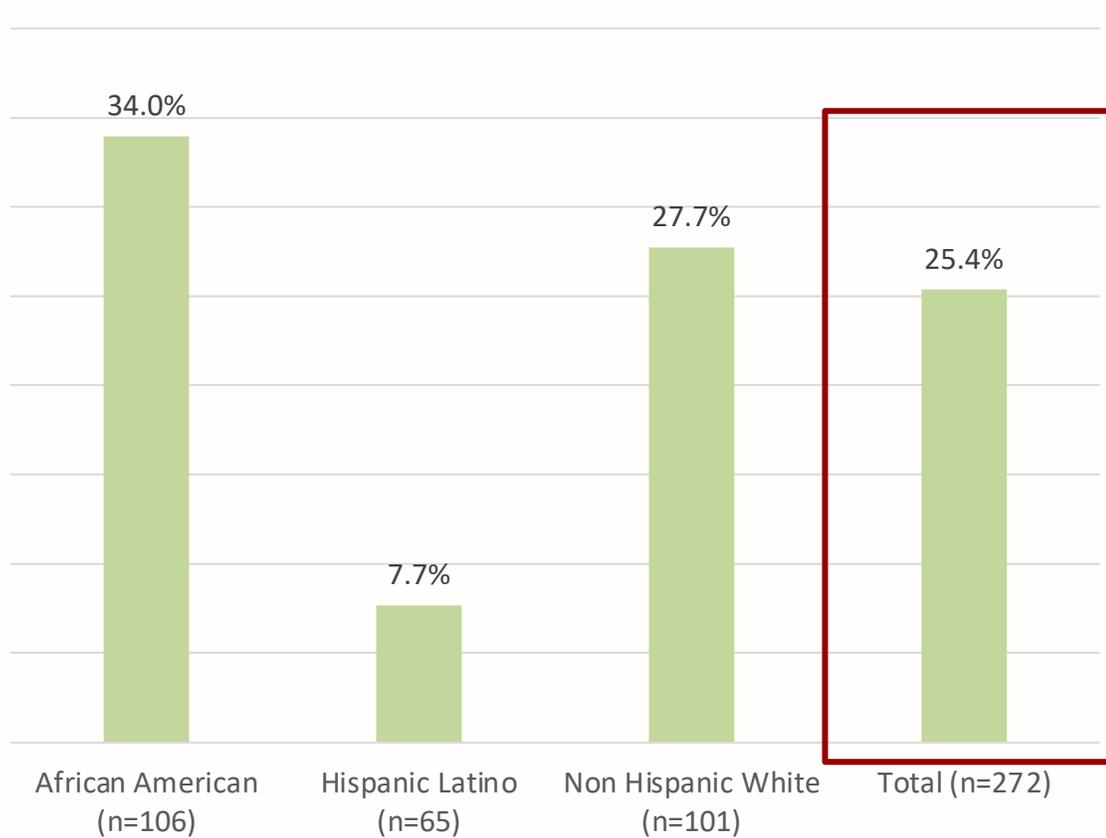
Do you now smoke every day, some days, or not at all?  
(by ETHNICITY)



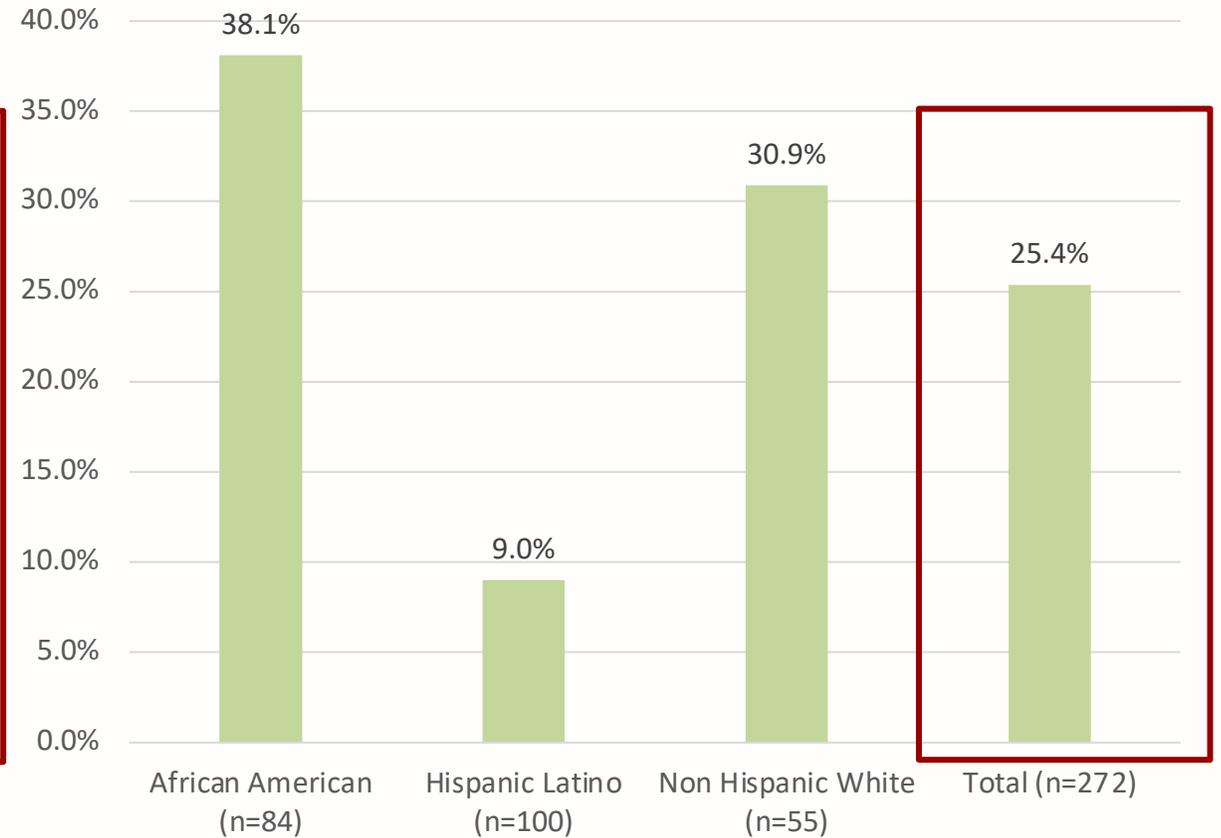
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# Cannabis Use by Community and Ethnicity

Used cannabis in the last 30 days  
(by COMMUNITY)



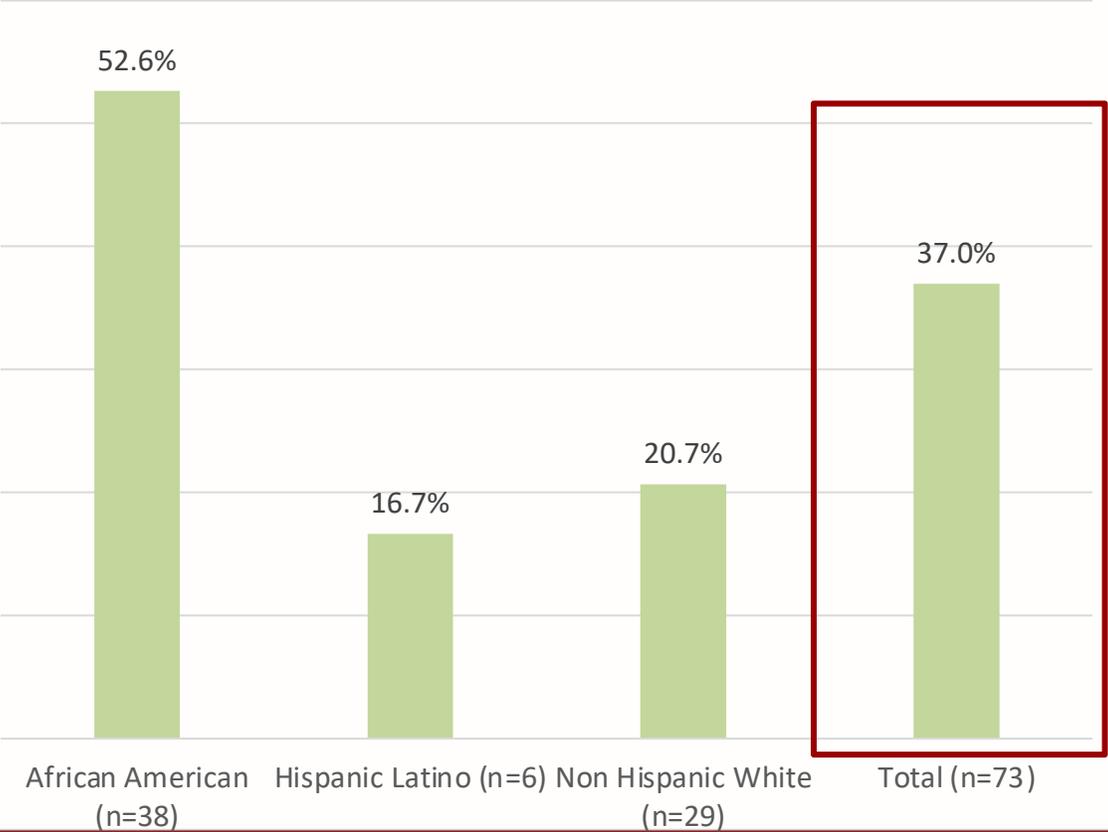
Used cannabis in the last 30 days  
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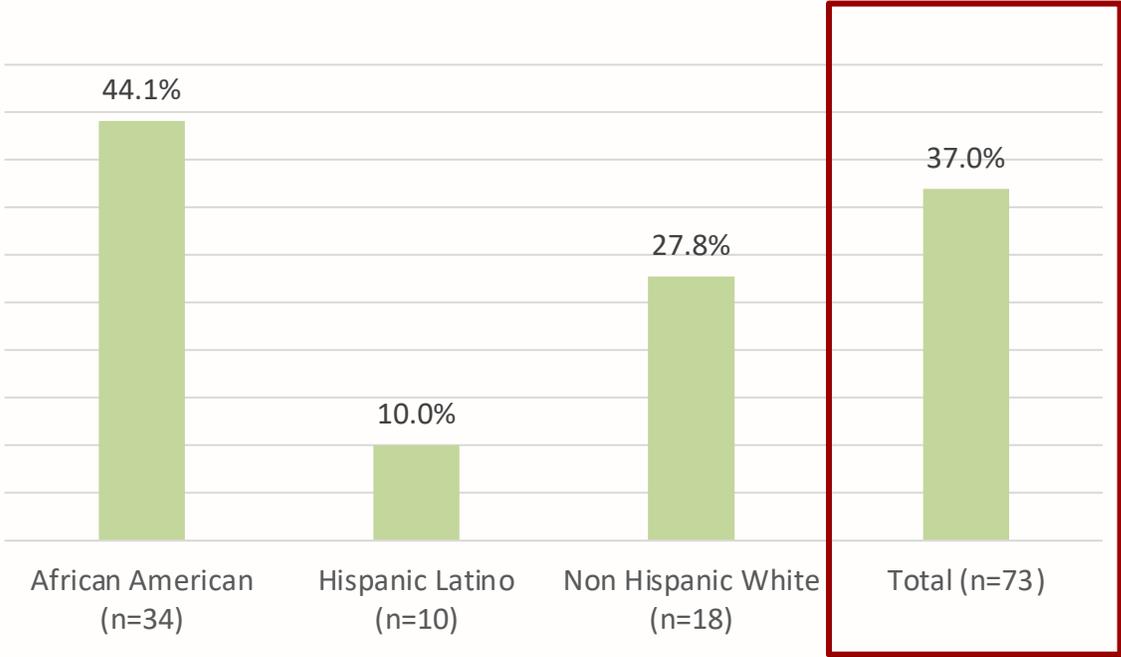
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# Cannabis Use Recommended by Health Care Professional

Did a doctor or other health care professional recommend all of your marijuana use in the past 30 days?  
(by COMMUNITY)



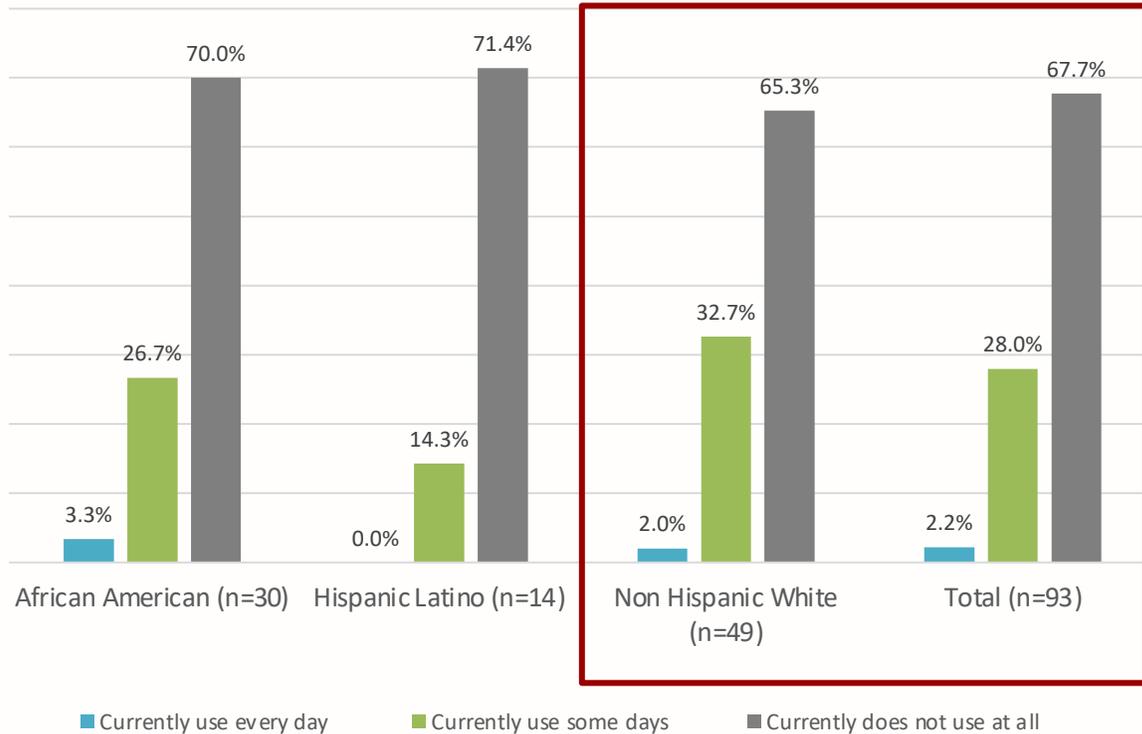
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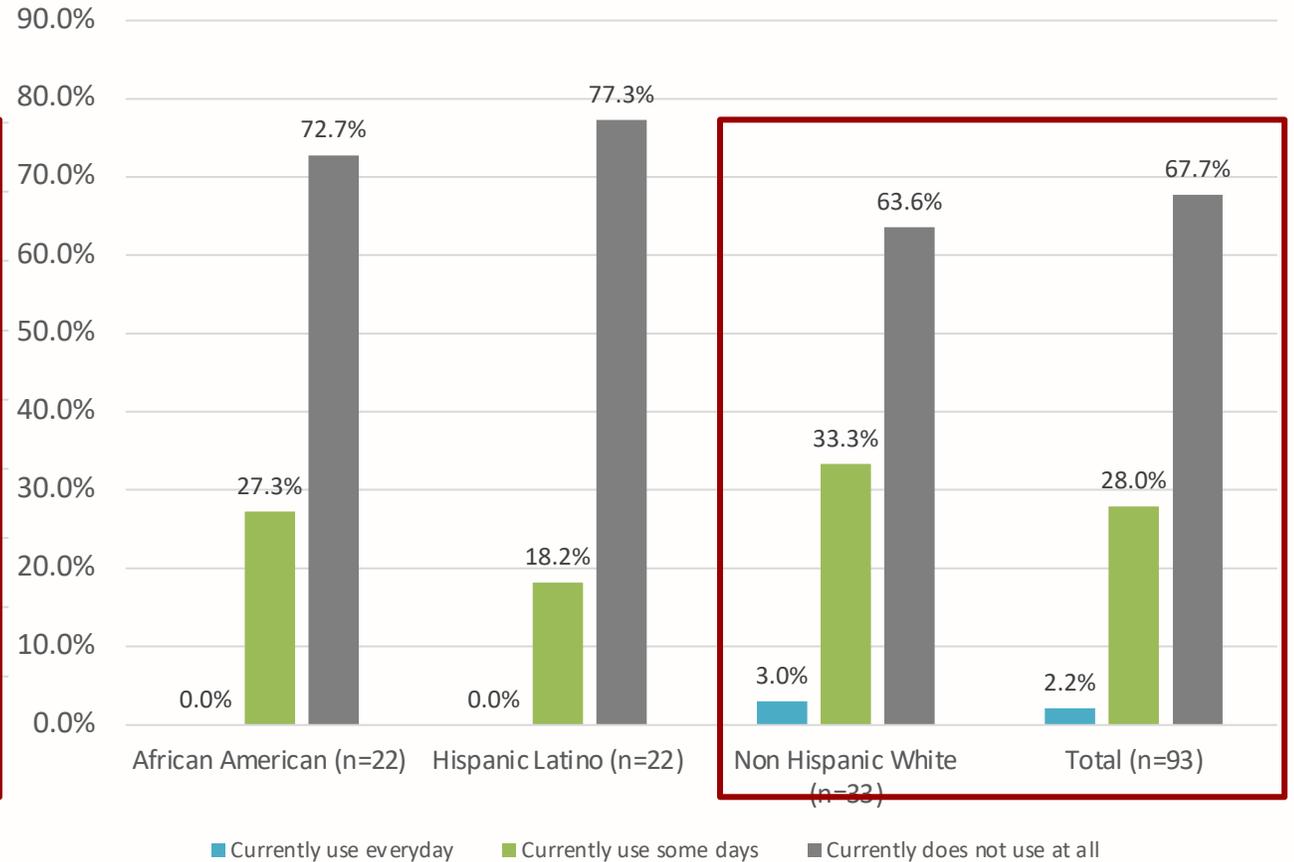
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# E-Cigarette Vaping

Current use of e-cigarettes or vaping devices  
(by COMMUNITY)



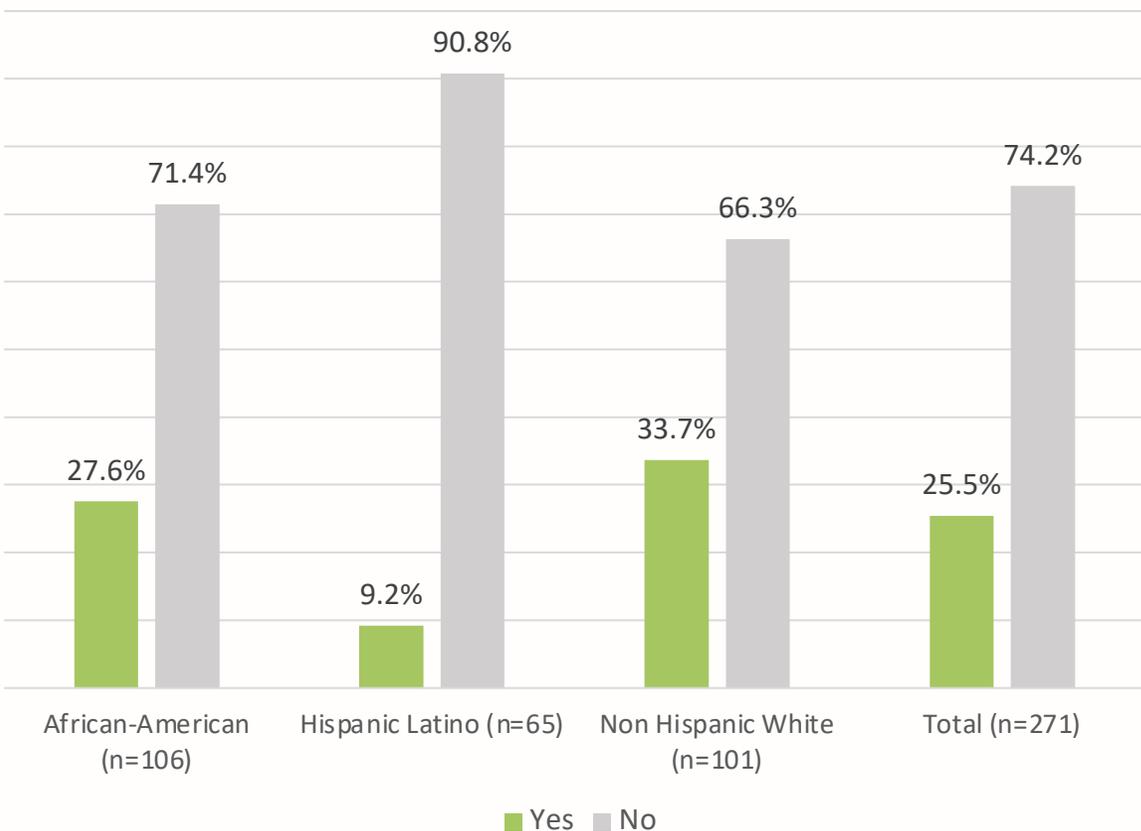
Current use of e-cigarettes or vaping devices  
(by ETHNICITY)



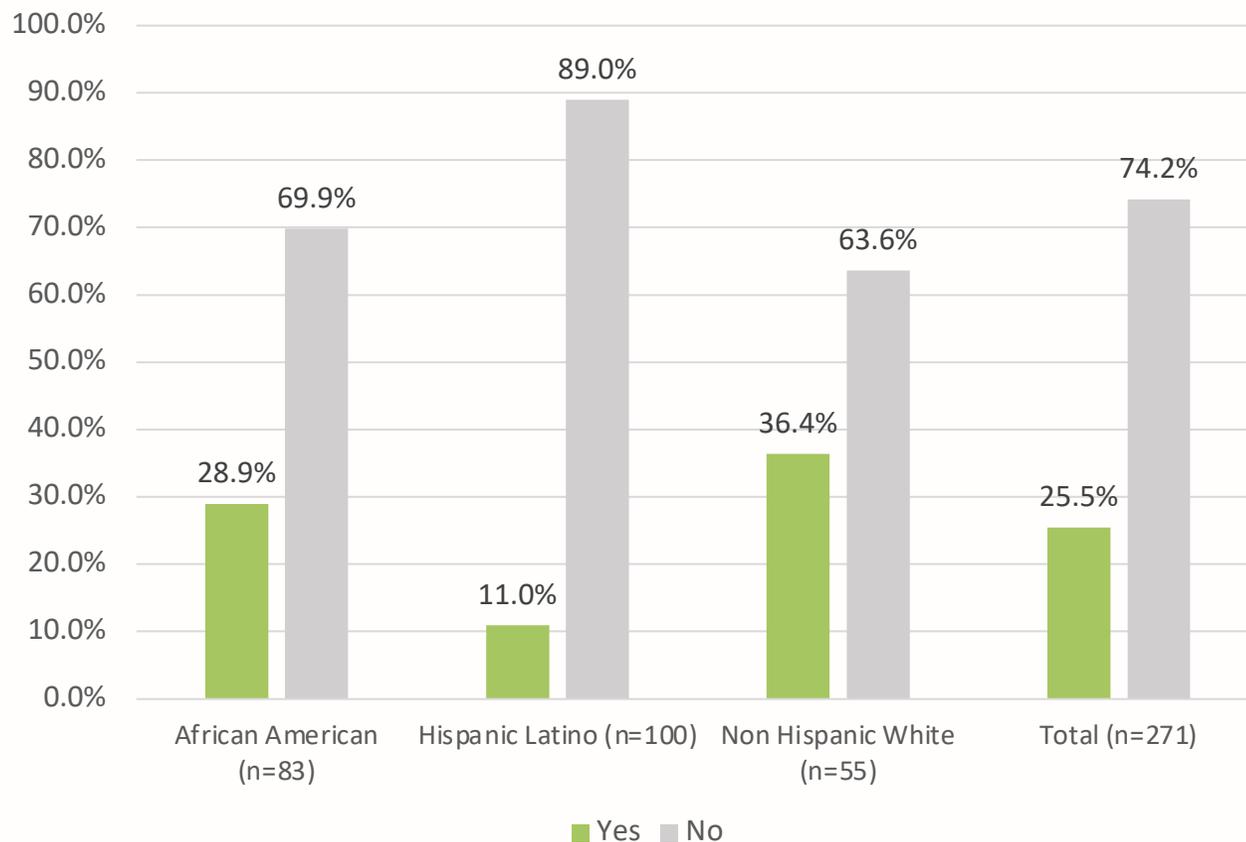
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# To your knowledge, does anyone ever smoke or vape marijuana in your home?

To your knowledge, does anyone ever smoke or vape marijuana in your home?  
(by COMMUNITY)

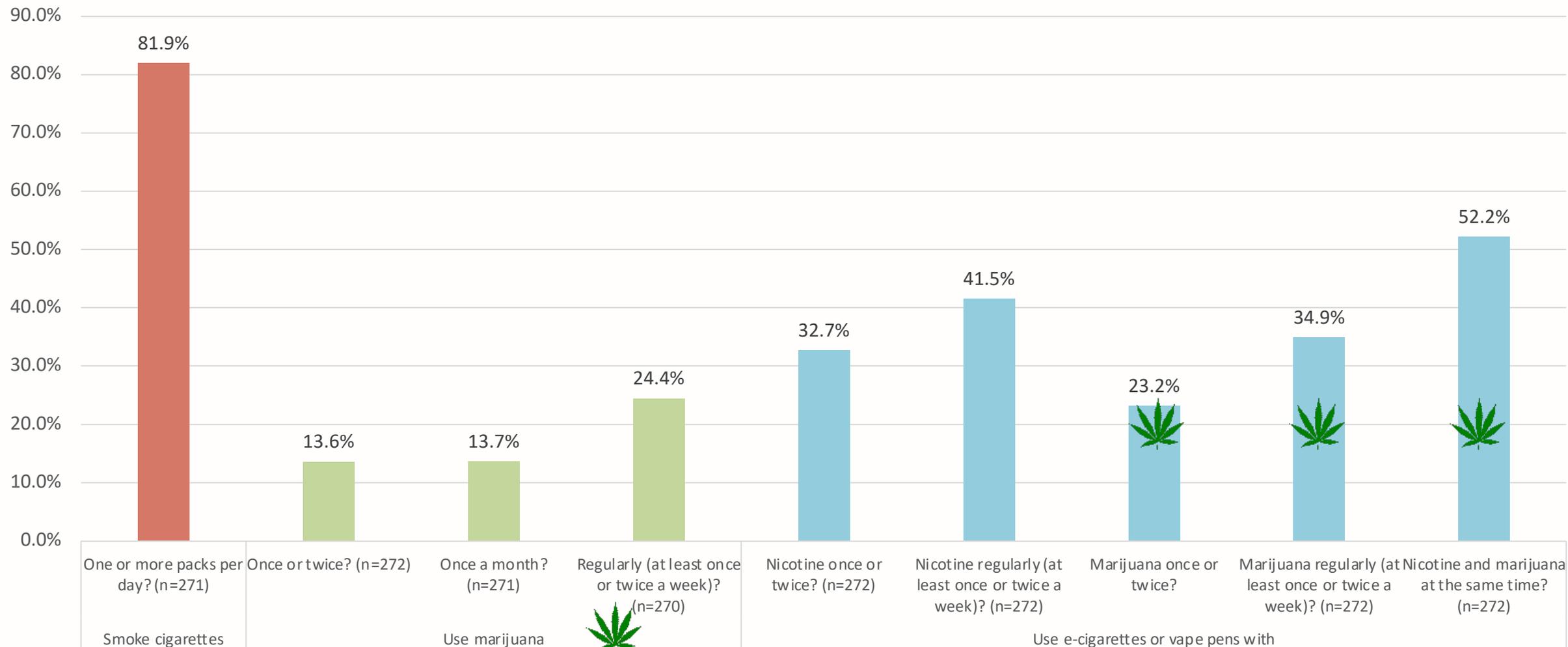


To your knowledge, does anyone ever smoke or vape marijuana in your home?  
(by ETHNICITY)



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# How much do you think people risk harming themselves physically if they: (Percent that said “great risk”)

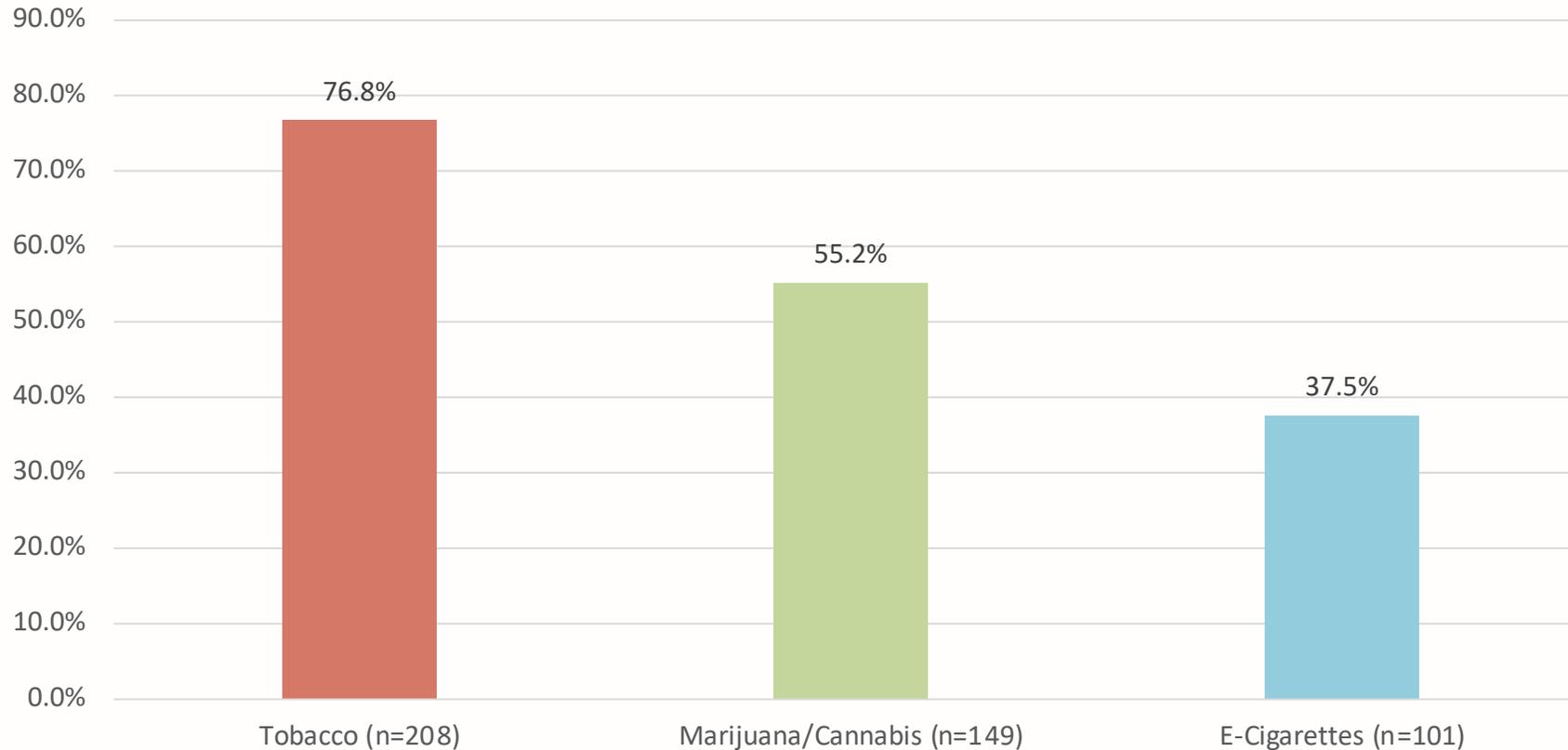


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Keck School of Medicine of USC  
Department of Population and Public Health Sciences

# Attitudes about smelling smoke/vape from tobacco, cannabis, or e-cigarette/vape pens

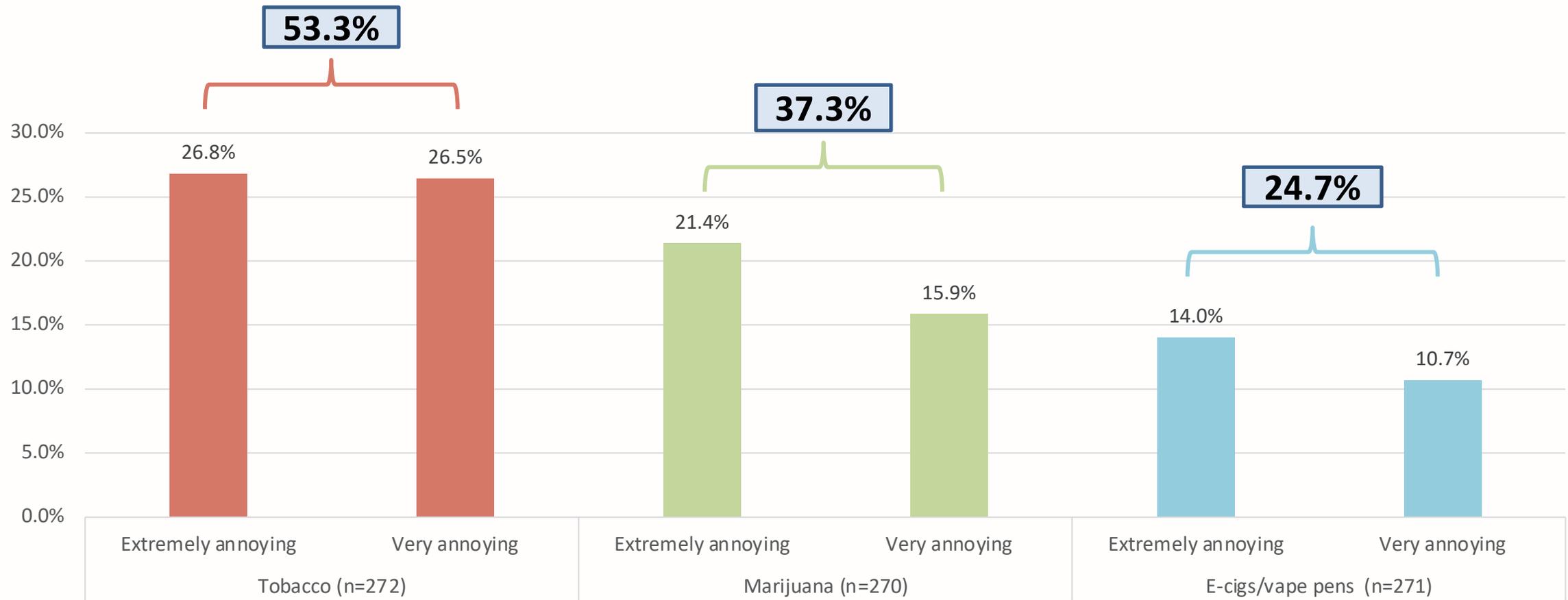
Does the smell of these items bother you?  
"Yes" responses displayed



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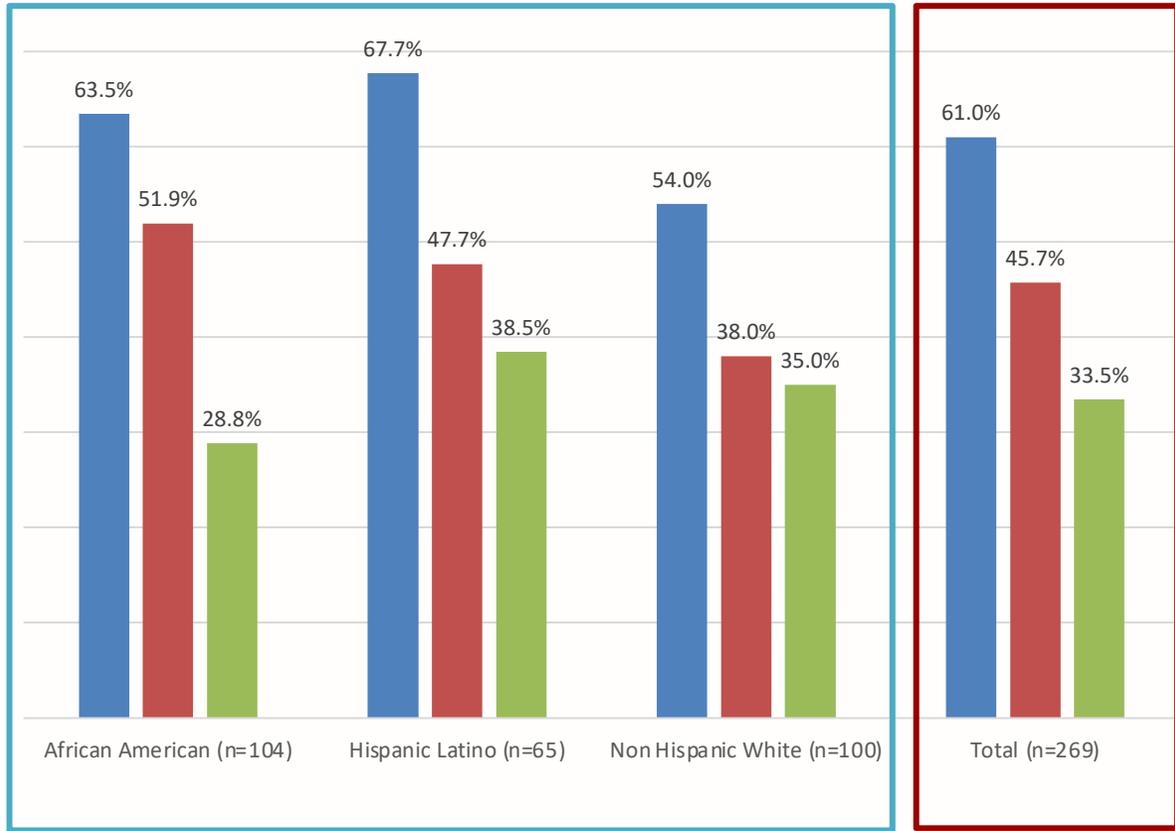
Keck School of Medicine of USC  
Department of Population and  
Public Health Sciences

# How annoying do you find other people's smoke/vape?

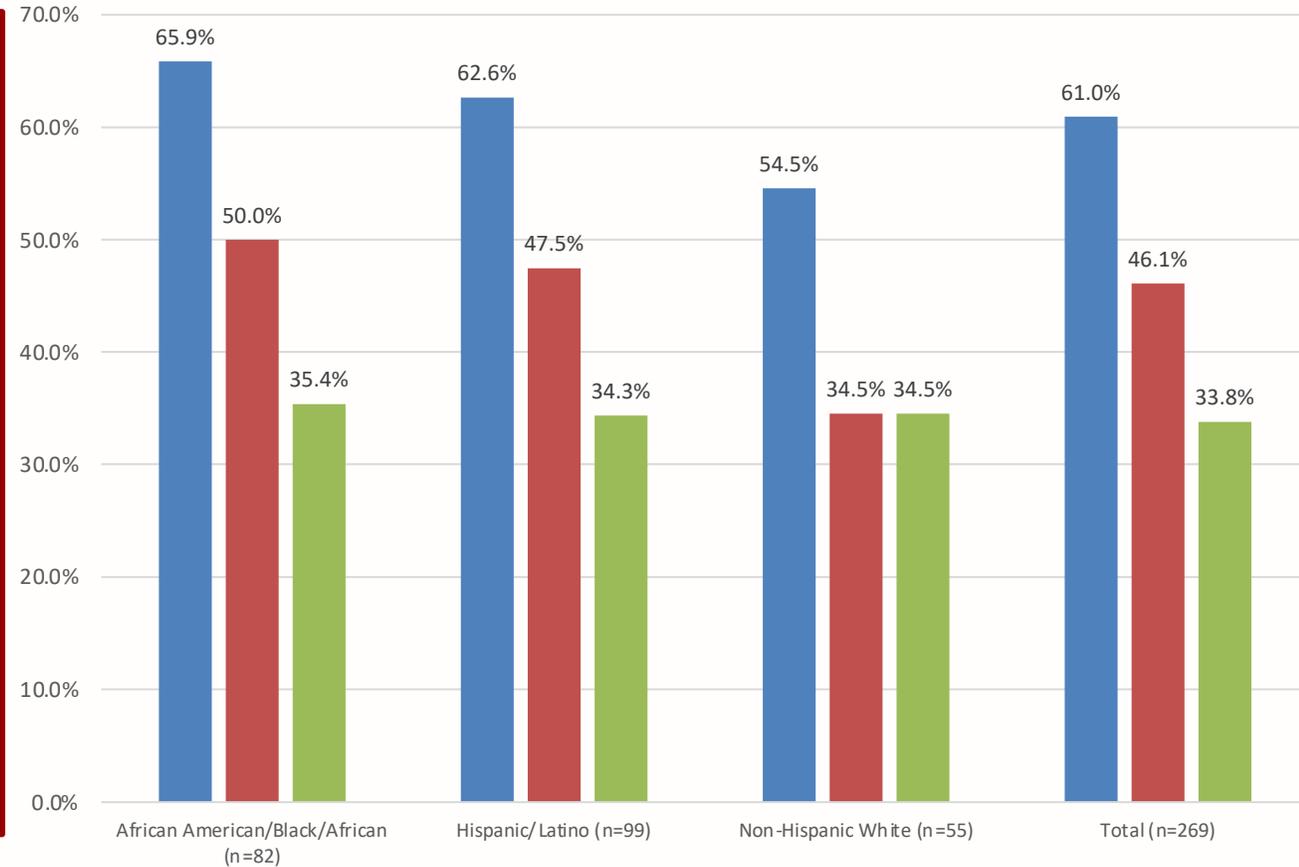


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Secondhand smoke and vapor exposure  
(by COMMUNITY)



Secondhand smoke and vapor exposure  
(by ETHNICITY)



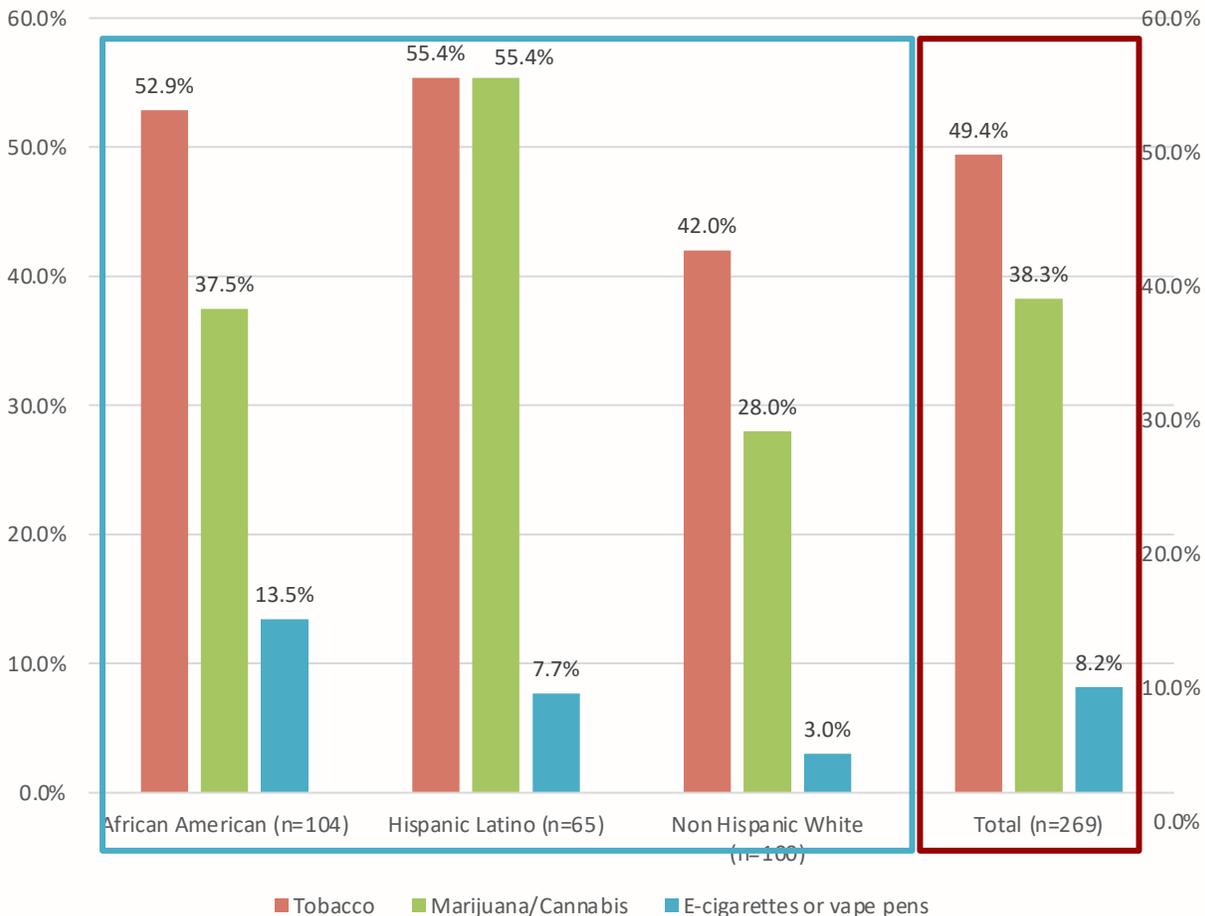
■ SHS drifted in the home? ■ SHS drifted from outside? ■ SHS drifted from another unit?

■ SHS drifted in the home? ■ SHS drifted from outside? ■ SHS drifted from another unit?

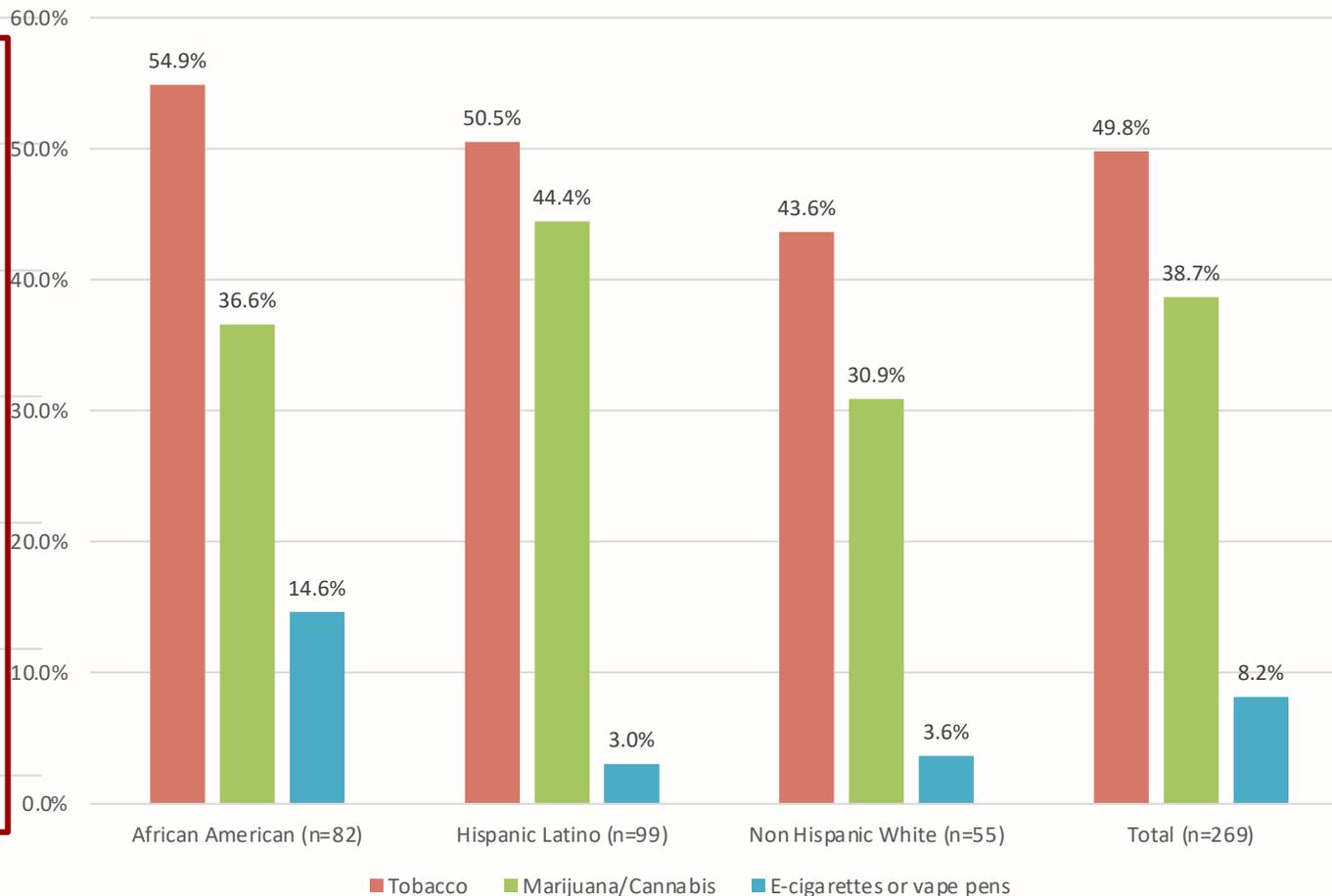
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# Types of SHS that drifted into apartment unit

Types of SHS that drifted into apartment unit  
(by COMMUNITY)

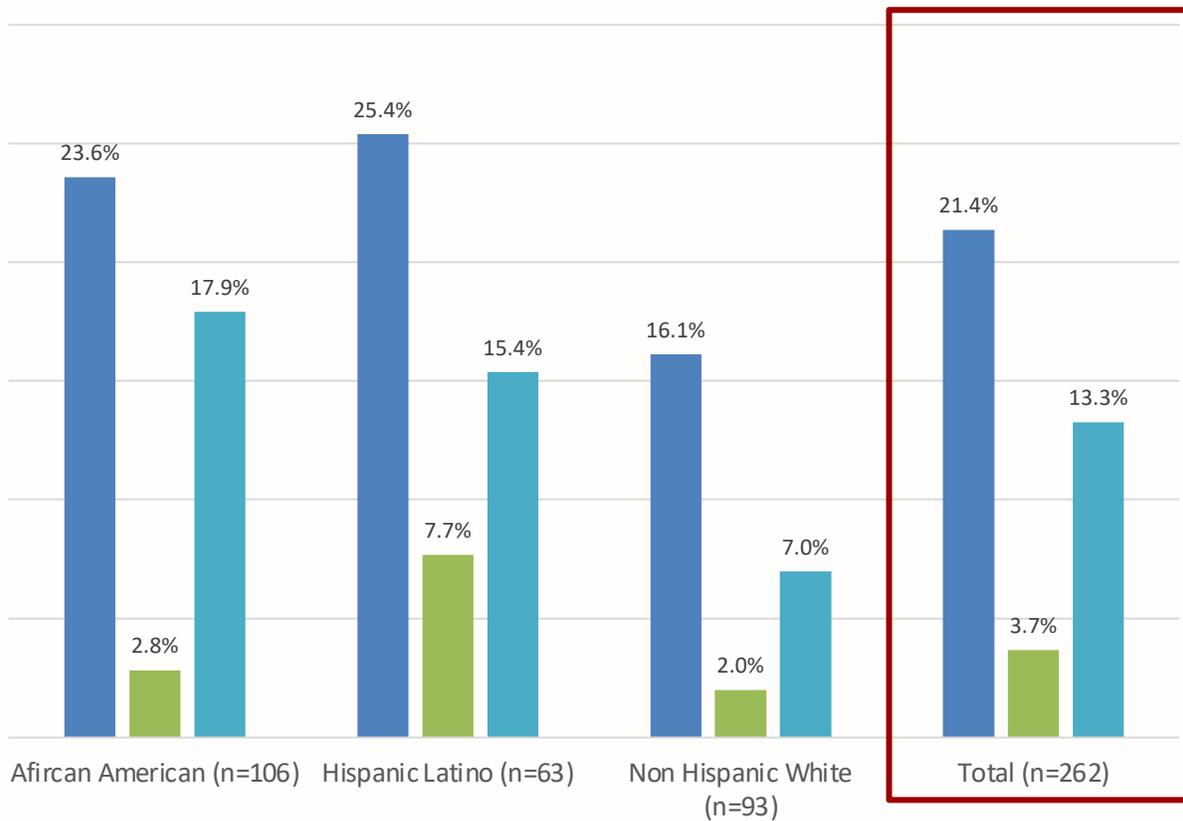


Types of SHS that drifted into apartment unit  
(by ETHNICITY)



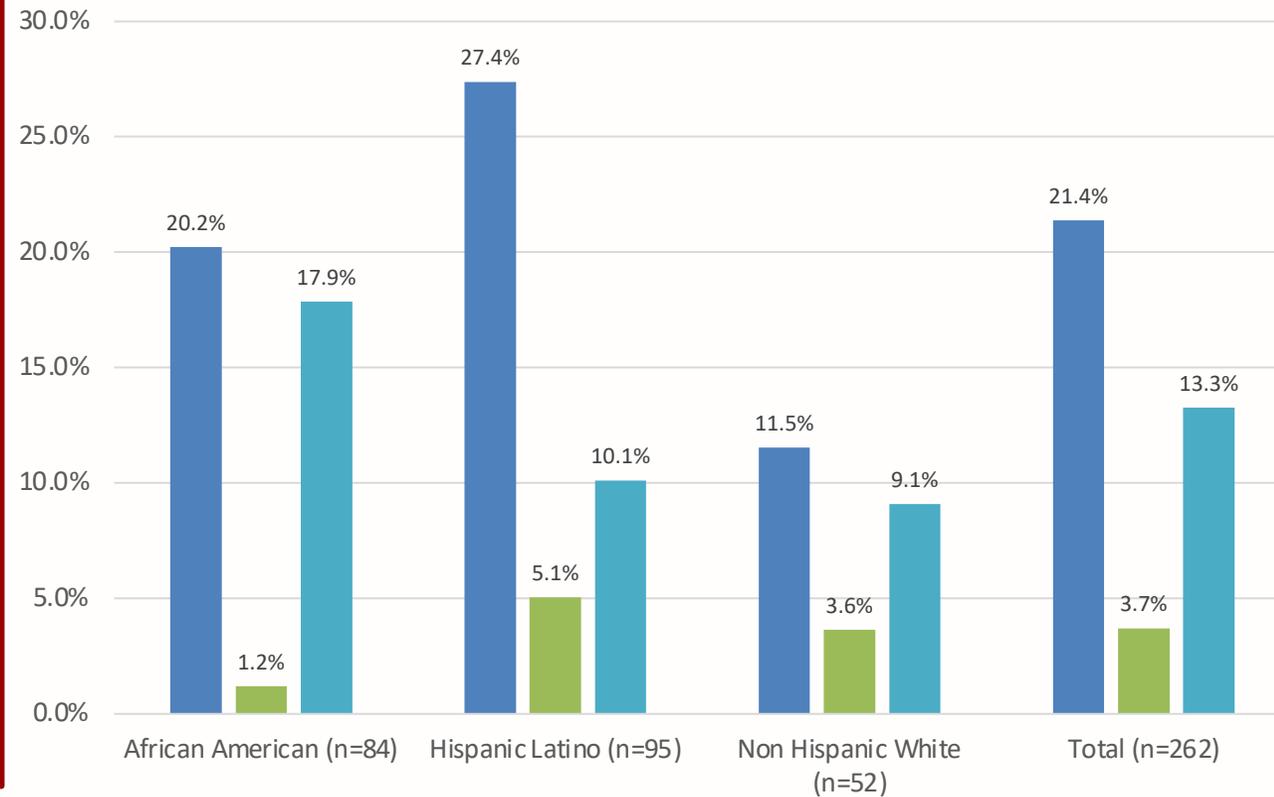
Scientists, scholars and champions of health equity for all people

Thirdhand smoke knowledge and exposure  
(by COMMUNITY)



- Have you ever heard of thirdhand smoke?
- Did you have the smell/odor of smoke in your home when you moved in?
- Do you ever smell smoke in your furniture, walls, carpet, etc.?

Thirdhand smoke knowledge and exposure  
(by ETHNICITY)

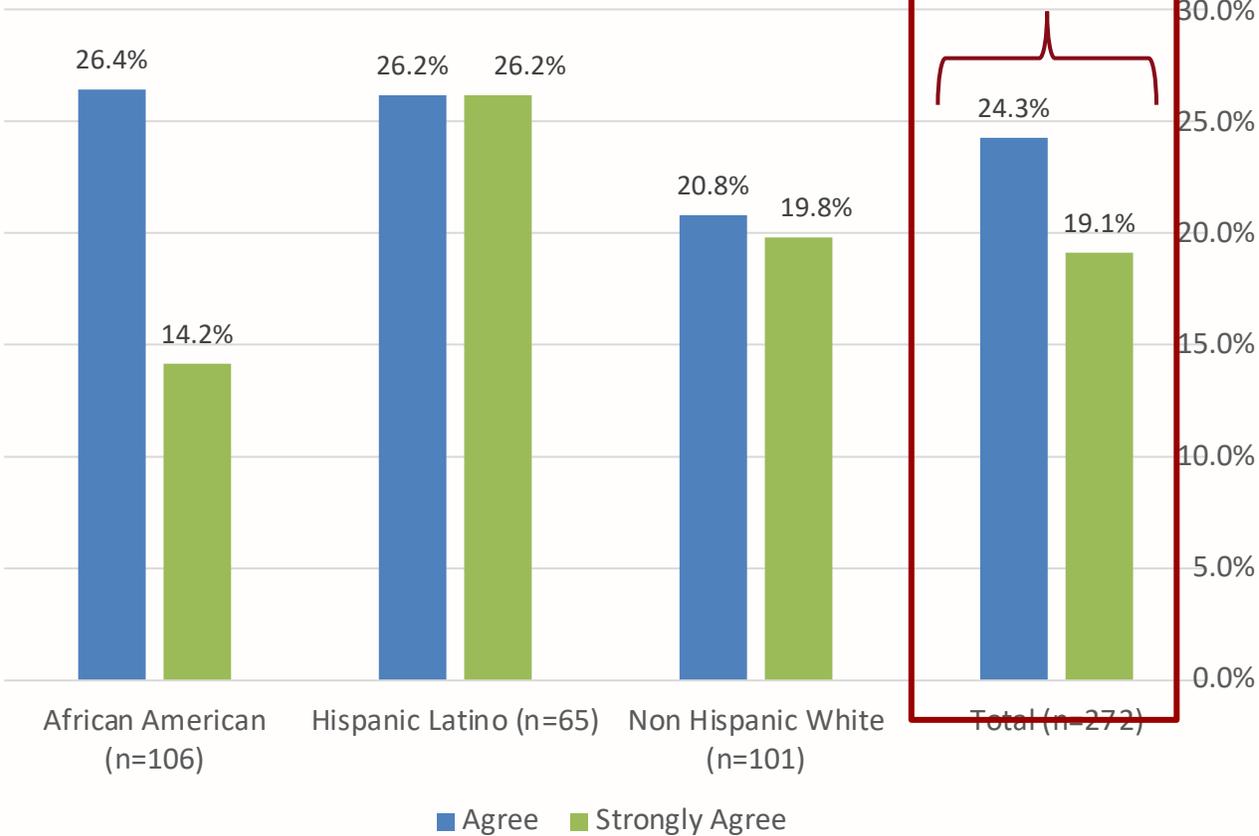


- Have you ever heard of thirdhand smoke?
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- Do you ever smell smoke in your furniture, walls, carpet, etc.?

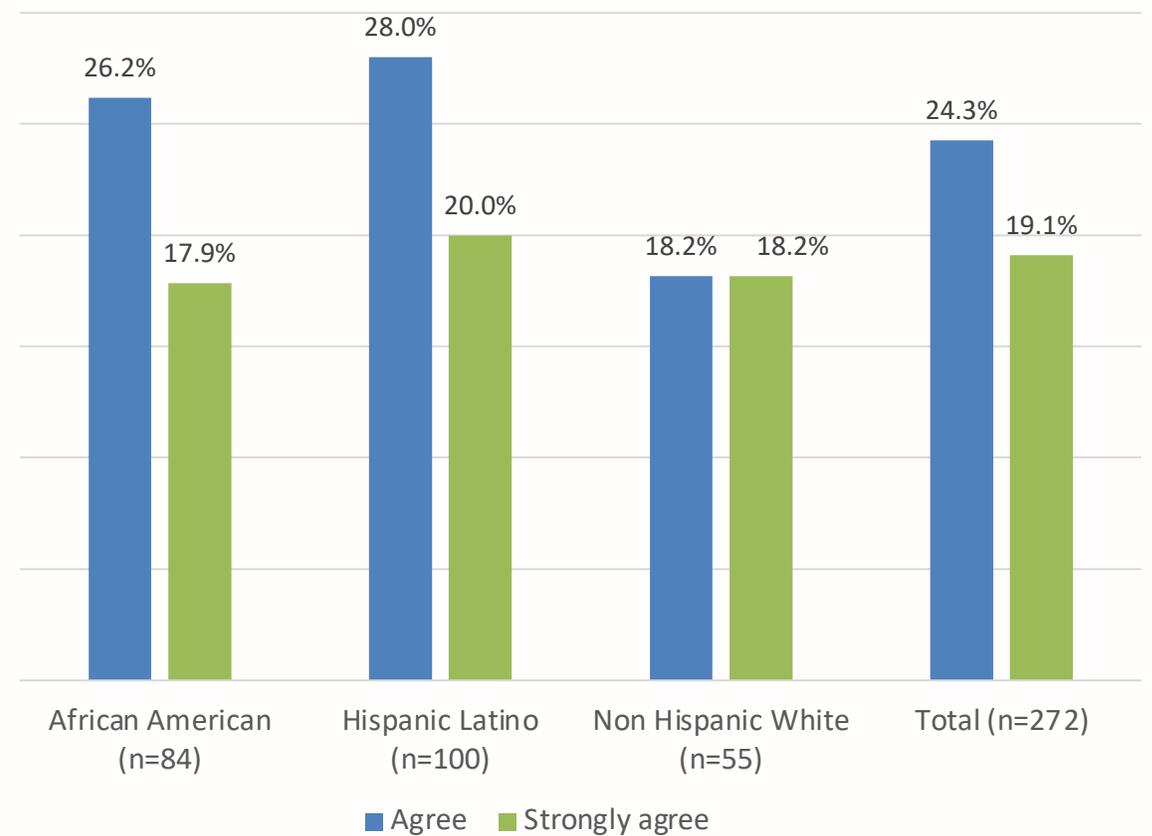
Scientists, scholars and champions of health equity for all people

# I prefer my neighbors to use marijuana in an edible form like brownies or cookies, instead of smoking or vaping it, so I can avoid breathing in the smoke or vapor.

by COMMUNITY

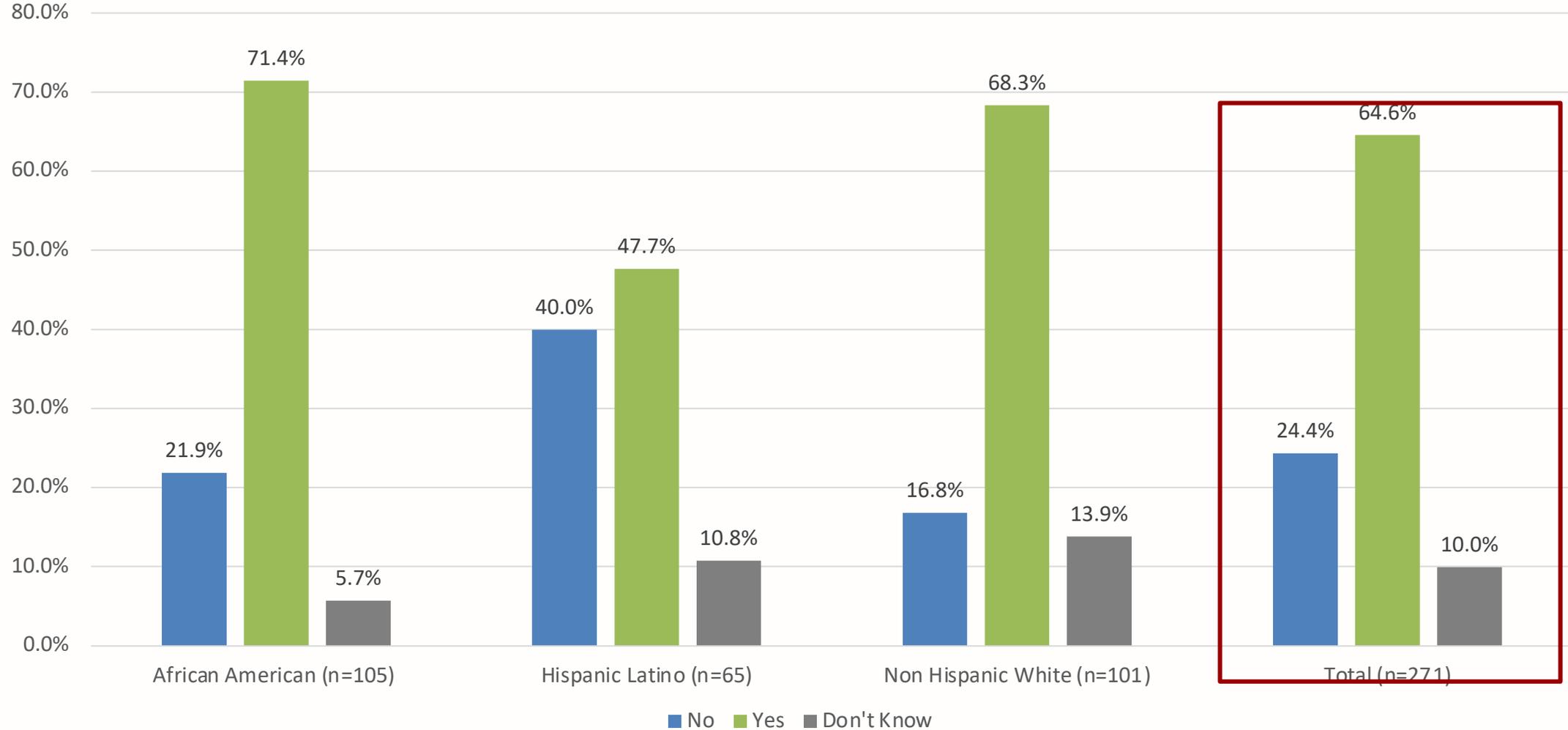


by ETHNICITY



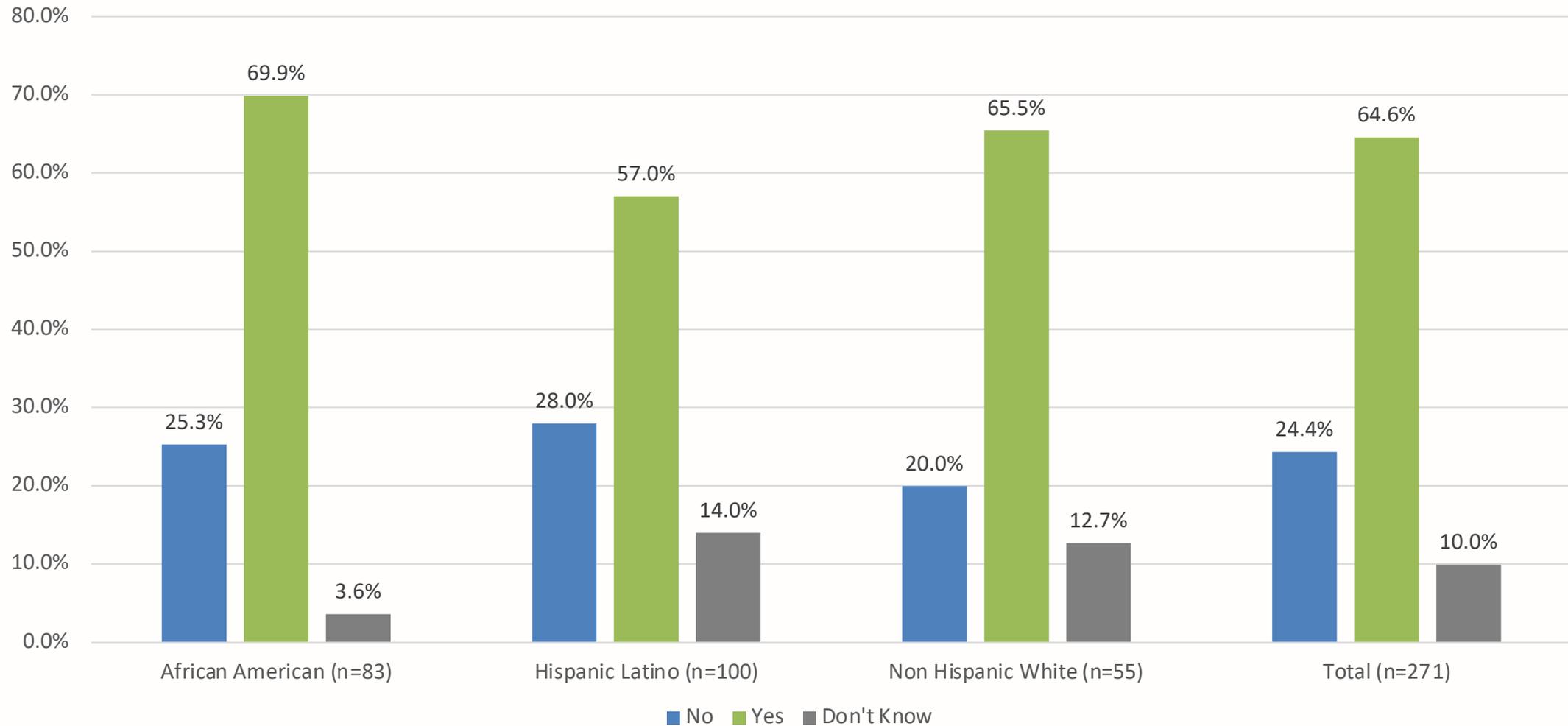
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If a person needs marijuana for a health condition, should they be able to use it in their apartment even if the apartment building has a smoke-free rule?  
(by COMMUNITY)



Scientists, scholars and champions of health equity for all people

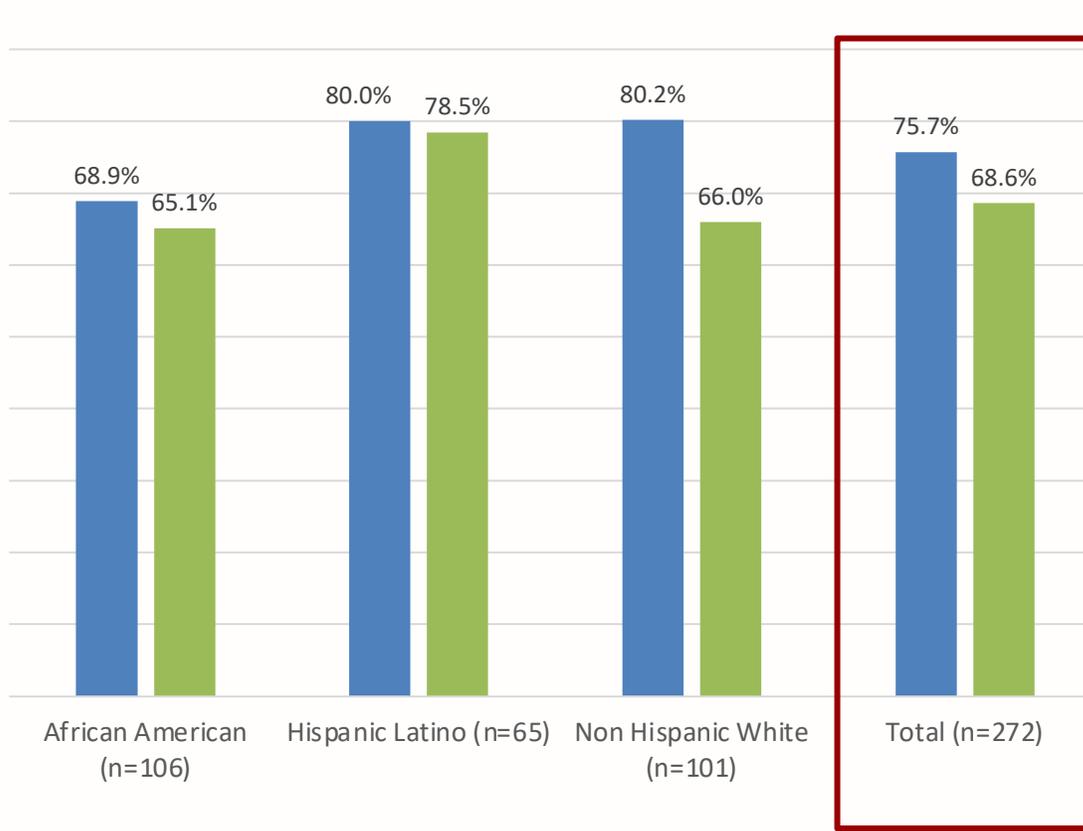
If a person needs marijuana for a health condition, should they be able to use it in their apartment even if the apartment building has a smoke-free rule?  
(by ETHNICITY)



Scientists, scholars and champions of health equity for all people

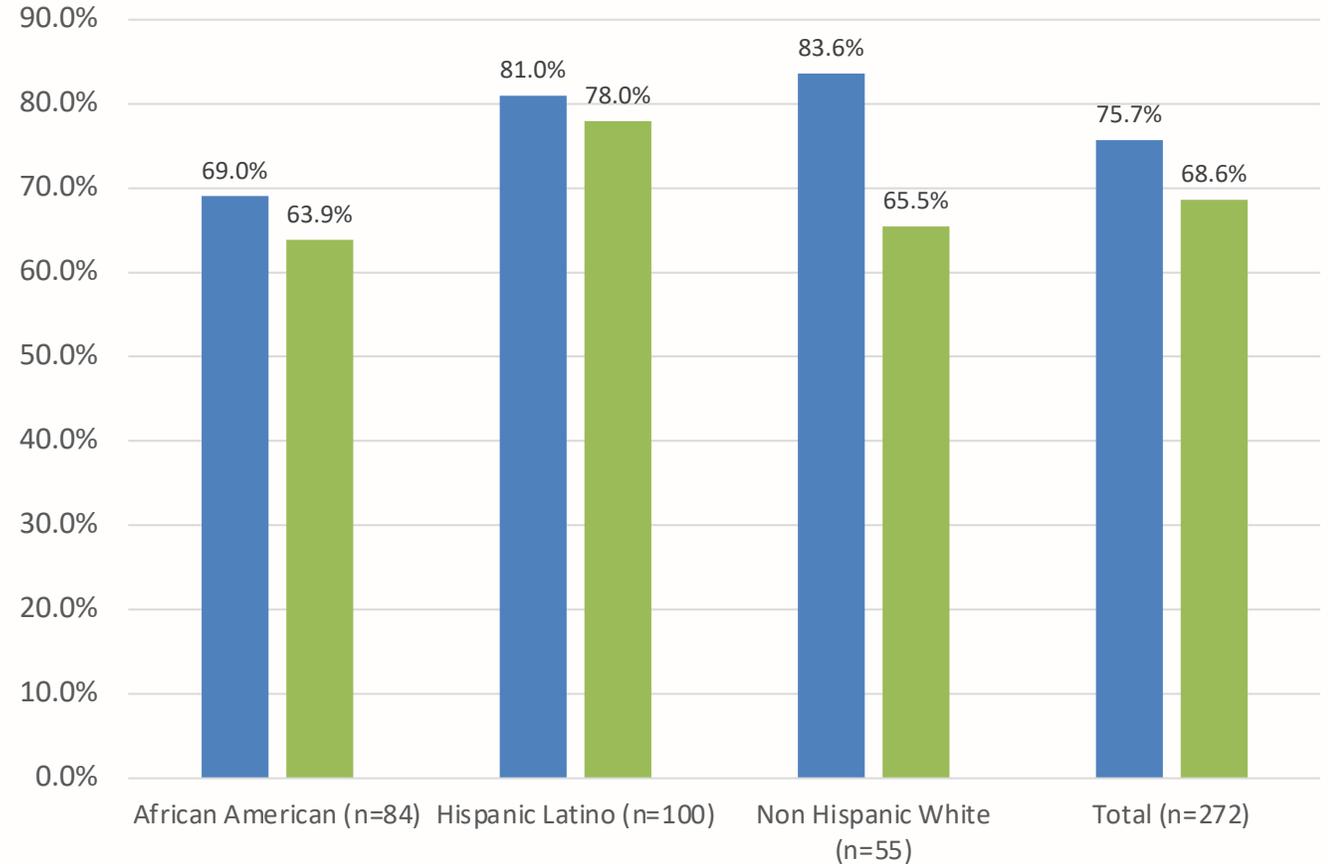
# Preference of a living in a: non-smoking section of a building or a 100% smoke-free building

(by COMMUNITY)



■ Prefer to live in the non-smoking section  
 ■ Prefer to live in a 100% smoke free building

(by ETHNICITY)

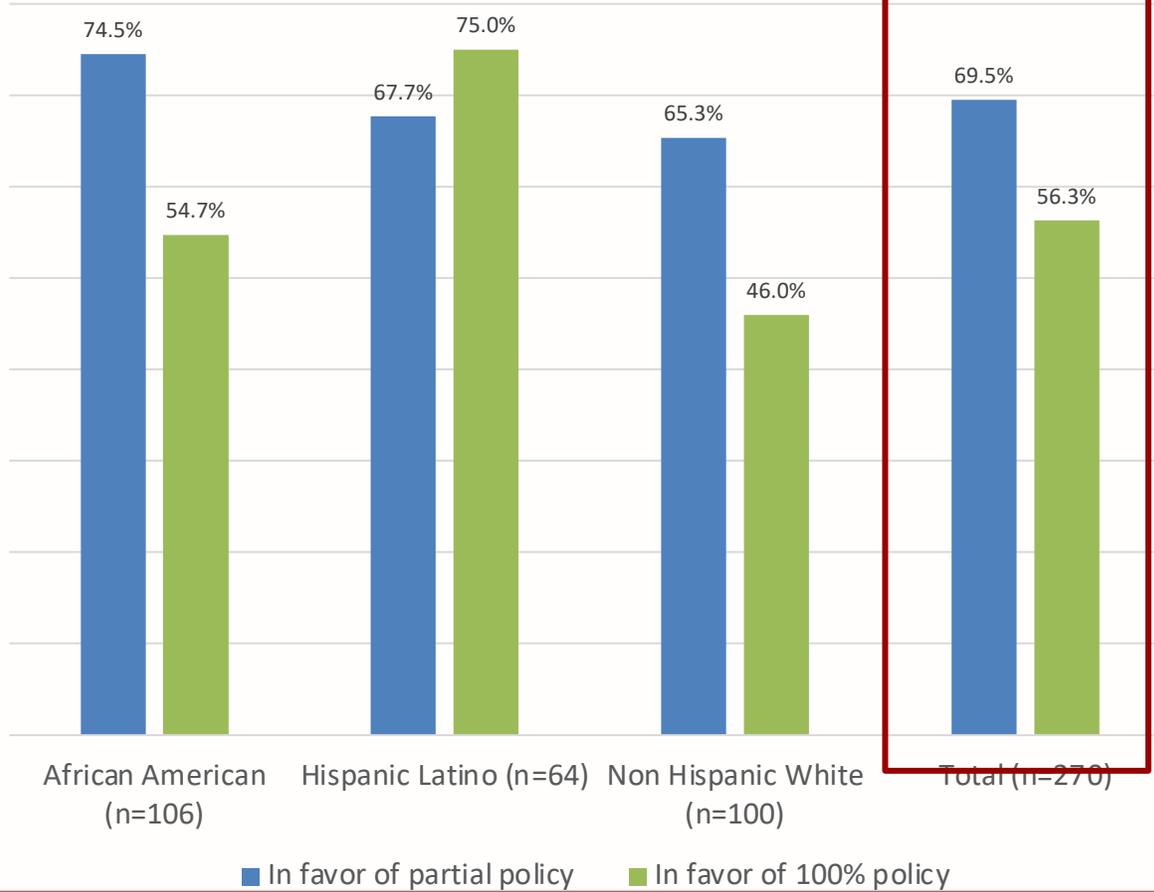


■ Prefer to live in a non-smoking section of the building  
 ■ Prefer to live in a 100% smoke-free building

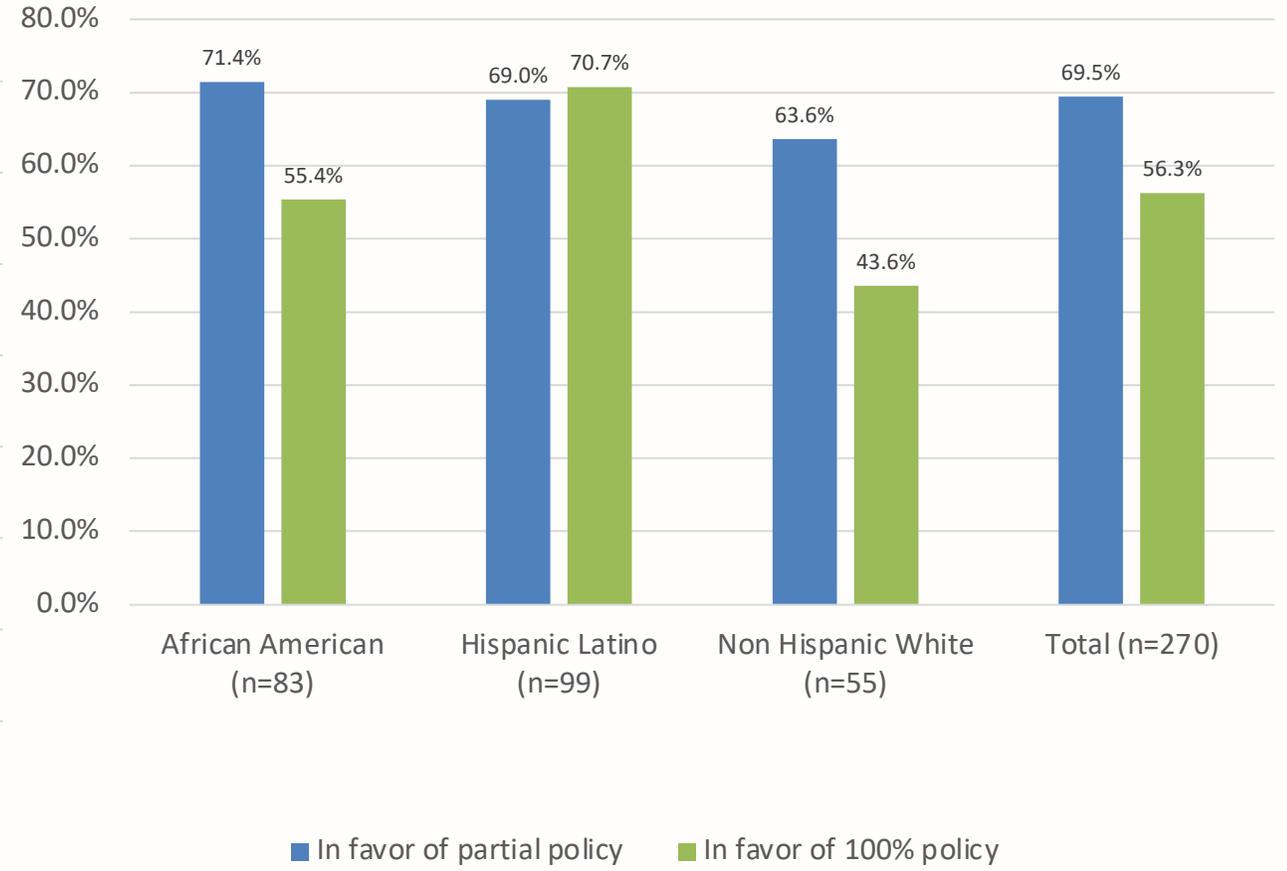
Scientists, scholars and champions of health equity for all people

# Would you be in favor of a partial or 100% tobacco/marijuana smoke-free/vape-free policy at your housing complex?

(by COMMUNITY)



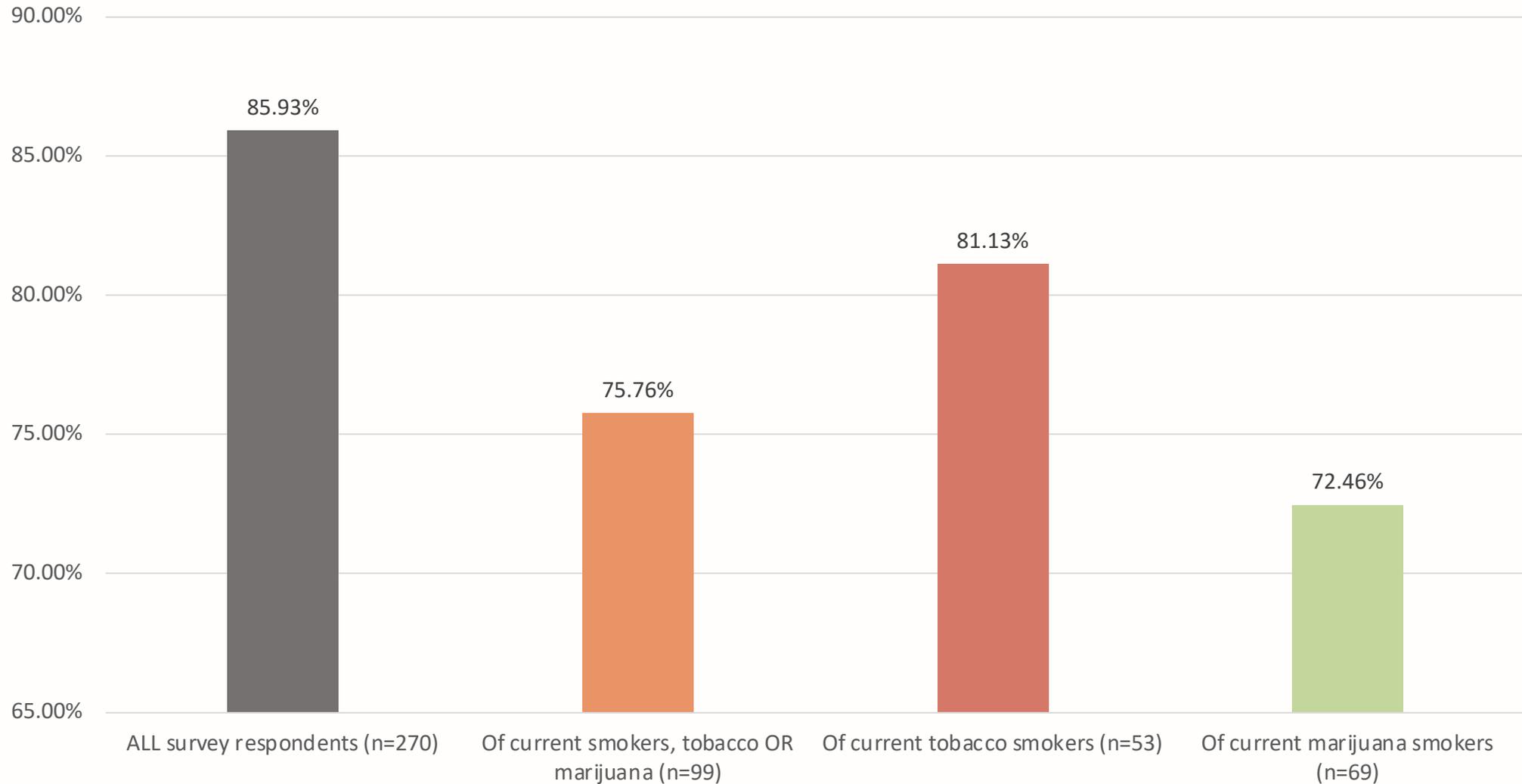
(by ETHNICITY)



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Would you be in favor of a partial OR 100% tobacco/marijuana  
your housing complex?

smoke-free/vape-free policy at



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# Conclusions

- More than half of participants have been exposed to secondhand smoke/vapor.
- Most tenants reported being in favor of both partial and complete smoke/vape-free policies within their housing complexes that would restrict the use of tobacco, cannabis, and e-cigarettes.
- People are compassionate about individuals who use cannabis for medical reasons, need to educate on various forms of using cannabis that don't affect others health

# Implications for smoke/vape/marijuana free policies

- Tenants are being exposed to cannabis smoke and e-cig/vape aerosol, in addition to tobacco
- The majority of tenants want to live in a smoke and vape free environment
- Education is needed about the risk of using and breathing in other peoples marijuana/cannabis and e-cigarettes smoke and/or aerosol.
- Need to think of alternative solutions or locations for people to use these products.

# Contact

- Dr. Lourdes Baezconde-Garbanati (Principal Investigator) [baezcond@usc.edu](mailto:baezcond@usc.edu)
- Yaneth L. Rodriguez, MPH (Project Manager) [ylr@usc.edu](mailto:ylr@usc.edu)

# Liz Williams

Liz Williams is a Project and Policy Manager at Americans for Nonsmokers' Rights and the ANR Foundation. She provides technical assistance support, trainings, and resources to public health professionals, advocates, and the public on issues related to secondhand smoke and smokefree policy change efforts, including multi-unit housing, college campuses, outdoor spaces, e-cigarettes, secondhand marijuana smoke, and preemption. Liz has worked for ANR and the ANR Foundation since 2002.





# Smokefree Multi-Unit Housing Policy Trends

Liz Williams  
Project & Policy Manager  
American Nonsmokers' Rights Foundation  
[no-smoke.org](http://no-smoke.org)

**November 16, 2021**

# Where are we today?

- Cities & counties are expanding smokefree laws to include MUH
- Property owners are adopting smokefree building policies
- Residents are asking for healthier environments
- Changing the social norm about where it's acceptable to smoke & vape



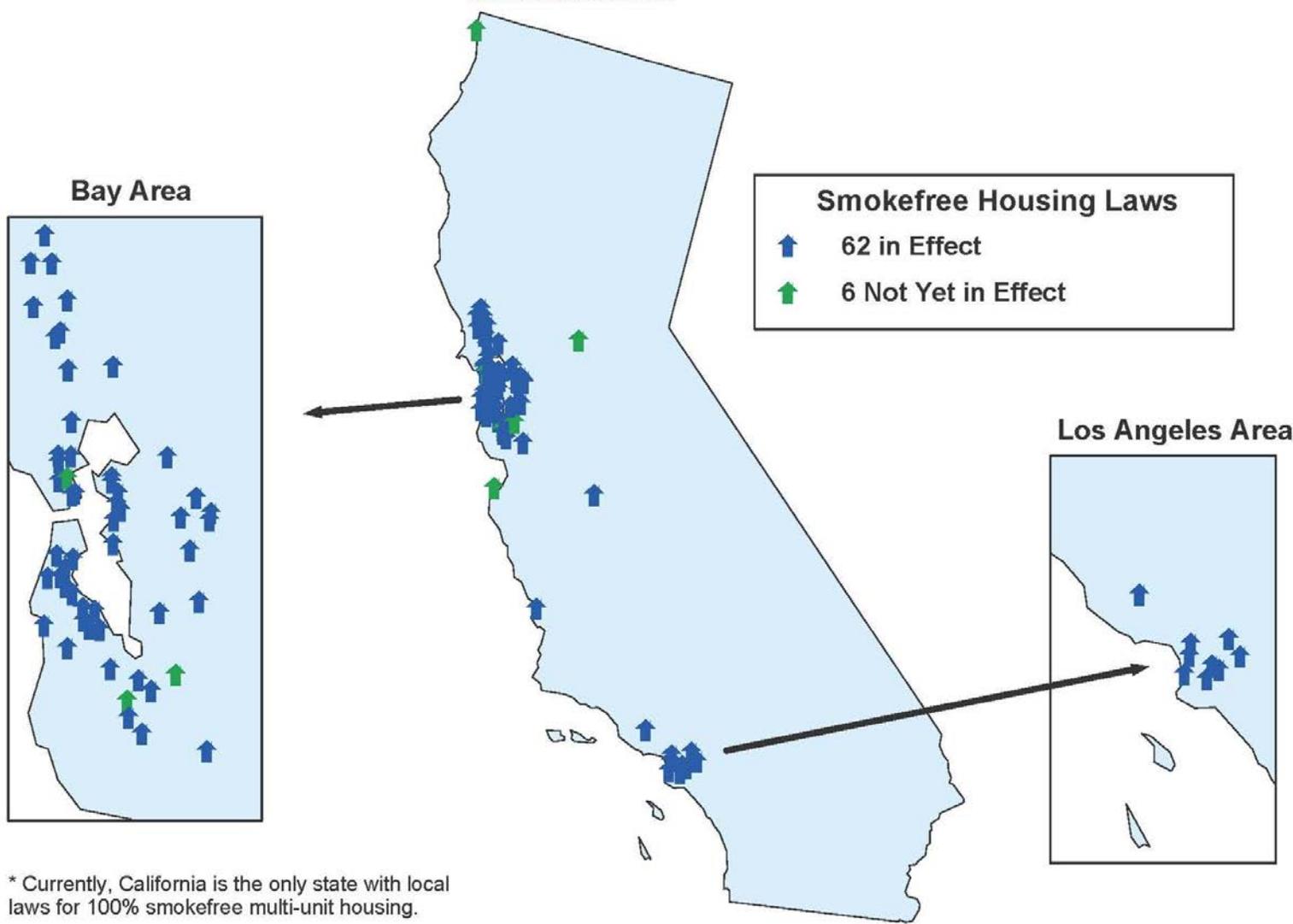
# Policy Option 1: Local Ordinance

- Cities & counties can include MUH in smokefree laws
- Adopted in same manner as other local smokefree laws
- **67** communities have local laws for 100% smokefree **rental** MUH
  - **61** laws cover **both** rental & owner-occupied properties
  - **58** laws apply to buildings with 2+ units
- Nearly all recent laws are 100% smokefree for all units/buildings



# U.S.\* Municipalities with Laws for 100% Smokefree Multi-Unit Housing

As of October 2021



## Policy Option 2: Housing Provider Policy

- MUH owner can adopt smokefree policy for properties:
  - **Market-rate:** Property owner/management, condo board, HOA
  - **Affordable:** Public Housing Agency, Section 8, nonprofit orgs
- CA Civil Code §1947.5 confirms ability to have policy
- Most common approach, but has challenges
- Protect residents before a law
- Can help build towards local law



# How Can Properties Get Started?

- **Connect** with tobacco control & community partners
- Learn **guidelines** for adopting smokefree MUH policy in LA
- Form a smokefree planning **team**
- **Survey** residents about SHS exposure & desire for smokefree building
- Don't **rush!** Take time to be thorough.



Source: CDC Secondhand Smoke Infographics

# What does a strong law or policy look like?

- 100% smokefree for **all** units in **all** buildings
- Applies **equally** to all MUH residents & properties
- Applies **equally** to all smoked & vaped tobacco & cannabis
- Include patios & balconies
- The best language is **simple**, strong, & fair
- **Easier** to communicate, understand, implement, enforce



# Key Policy Consideration

- **Include** cannabis smoking & vaping in MUH policies
- Growing source of **drifting** SHS & resident **complaints**
- **Smoke is smoke:** Smokefree spaces should be free of **all types** of smoke
- Buildings **not** smokefree if cannabis smoking/vaping allowed indoors
- Educate early & be **prepared** for pushback on cannabis



# How Are MUH Laws Enforced?

- Procedures can **vary** by community & are evolving
- Process typically **includes**:
  - Residents sign smokefree lease/rules
  - Landlords/HOAs enforce lease/rules
  - Local mechanisms: complaint, letter, code infraction, fine
  - Complaint-based like other smokefree laws
- Need to consider **equitable** enforcement & community input
- **Goals**: Support residents & improve compliance without involving law enforcement or relying on eviction



## Example: Alameda County

- **Goal:** Adopt 100% smokefree MUH law in equitable manner for all MUH in unincorporated areas
- Coalition formed workgroup of stakeholders
  - Representing tobacco control, affordable housing, health equity, Supervisor's office, residents, legal support
- Workgroup hosted by CBO focused on Latino community
- Strategized on equitable language & enforcement process
- CBO ran youth-run social media campaign
- Held community focus groups in English & Spanish
- Brought proposal to community advisory councils
- **Next up:** Bring proposal to Board of Supervisors

# Resources

Tools for residents, owners/managers, & health partners:

- Sample lease addendum
- Enforcement tips, infographic, FAQ
- List of local smokefree housing laws
- Fact sheet on secondhand cannabis smoke
- Tools for health departments & partners



[no-smoke.org/at-risk-places/homes/](https://no-smoke.org/at-risk-places/homes/)

# Thank you!

Liz Williams

Policy & Project Manager

American Nonsmokers' Rights Foundation

[liz.williams@no-smoke.org](mailto:liz.williams@no-smoke.org)

[no-smoke.org/at-risk-places/homes/](http://no-smoke.org/at-risk-places/homes/)



# Resources



## TENANTS

[IS SECONDHAND SMOKE INFLATING YOUR APARTMENT OR CONDOMINIUM](#)

[SECONDHAND SMOKE IN HOUSING INFOGRAPHIC](#)

[YOUR HOME, YOUR RIGHT](#)

## PROPERTY OWNERS

[BENEFITS OF SMOKEFREE MULTIUNIT HOUSING](#)

[MODEL SMOKEFREE LEASE ADDENDUM](#)

[FREQUENTLY ASKED QUESTIONS FROM HOUSING PROVIDERS ABOUT SMOKEFREE BUILDINGS](#)

[TIPS FOR HOUSING PROVIDERS: TALKING WITH RESIDENTS ABOUT YOUR BUILDING'S SMOKEFREE POLICY](#)

[ENFORCEMENT TIPS FOR BUILDING MANAGERS AND MAINTENANCE STAFF](#)

## OFFICIALS

[STATE OF TOBACCO CONTROL 2021](#)

[MUH FACT SHEET](#)

# Stay Connected

- VISIT US AT  
[SMOKEFREELUNGSLA.ORG](http://SMOKEFREELUNGSLA.ORG)
- FOLLOW US ON  
INSTAGRAM  
[@SMOKEFREELUNGS\\_LA](https://www.instagram.com/SMOKEFREELUNGS_LA)
- FOLLOW US ON FACEBOOK  
[@COMMUNITY HEALTH ALLIANCE](https://www.facebook.com/COMMUNITY HEALTH ALLIANCE)
- FIND RESOURCES AT  
[LINKTR.EE/SMOKEFREE LUNGS\\_LA](http://LINKTR.EE/SMOKEFREE LUNGS_LA)



 linktree

# JOIN CHA!

Anyone who wants to be a part of voicing concerns around second and third hand smoke within multi-unit housing is

Date/Sign-up link: [welcome.](#)

**Tuesday, November 30th**  
**[bit.ly/CHACConnect](http://bit.ly/CHACConnect)**

# THANK YOU!

CONTACTS US  
(310) 215-9924 x134  
[smokefreelungsla@publicstrategies.org](mailto:smokefreelungsla@publicstrategies.org)

